

RLS Foundation Research Grant Program: 1997–2016

The RLS Foundation Research Grant Program supports basic and clinical research on restless legs syndrome (RLS).

In 1997, the RLS Foundation established the Research Grant Program to fund small research grants (\$25,000–\$35,000) to stimulate and provide data for larger grants at federal agencies such as the National Institutes of Health, Department of Defense, biotechnology and medical technology companies. Funding priorities include basic and clinical research to promote a better understanding of the disease, advance new treatments and find a cure for RLS. The Research Grant Program invites innovative approaches, interdisciplinary studies and support of promising postdoctoral candidates.

The primary areas of funding have been genetics, epidemiology, iron regulation, neurophysiology and animal models/treatment. The Foundation’s Scientific and Medical Advisory Board reviews grant applications and selects studies for funding based on scientific merit and alignment with funding priorities.

Since the grant program began, the Foundation has funded 42 research grants totaling nearly \$1.6 million. Eighty-three percent of the grant recipients reside in the United States and the remaining seventeen percent of grant recipients are international. The average grant amount is \$37,506.

Ten of the recipients secured additional funding for their studies from government agencies, for total grant award dollars of over \$10 million. Recipients have published findings in over 20 papers and several book chapters.

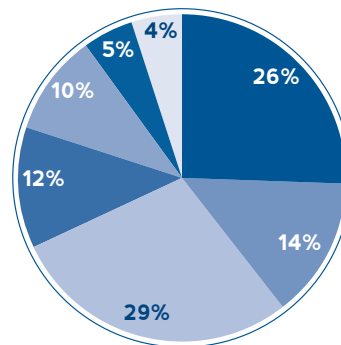
Research study uncovers gene variant for RLS

In 2007, a groundbreaking study funded in part by an RLS Foundation grant uncovered a gene variant for RLS. Physician researcher David B. Rye, MD, PhD, of Emory University in Atlanta, and collaborators at deCODE Genetics in Reykavik, Iceland, evaluated subjects with the disease who also had periodic limb movements in sleep (PLMS). In addition to uncovering the variant, the study revealed that individual risk for developing RLS, as well as severity of symptoms, are related to the number of gene variant copies a person carries from birth.

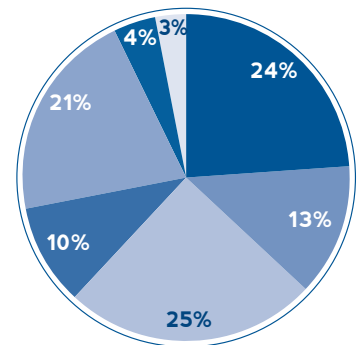
This influential research significantly advanced understanding of the causes of the disease, paving the way for future improvements in diagnostic methods and treatments.

To make a donation to the RLS Foundation Research Grant Program, visit www.rls.org or call 512-366-9109.

% Studies



% Funds



Grants by Priority Area, 1997–2016

Priority Area	Number	Percent of Studies	Award	Percent of Funds
■ Genetics	11	26%	\$368,954	24%
■ Iron Regulation	6	14%	\$206,311	13%
■ Animal/Treatment Models	12	29%	\$397,299	25%
■ Neurophysiology	5	12%	\$157,500	10%
■ Epidemiology	4	10%	\$326,356	21%
■ Dopamine	2	5%	\$69,600	4%
■ Miscellaneous	2	4%	\$49,250	3%
TOTAL	42	100%	\$1,575,270	100%

Grant Award Recipients

Genetics

Lan Xiong, MD, PhD (2009)

Genome wide gene expression profile & iron regulation in RLS patients carrying the MEIS1 genetic risk variant

McGill University, Montreal, Canada

Guy Rouleau, MD, PhD (2008)

Defining the risk variants within the MEIS1, BTBD9, MAP2K5/LBXCOR1 genomic regions in RLS patients

Human Research Centre, Notre Dame Hospital,

Montreal, Canada

Juliane Winkelmann, MD (2008)

Worldwide genome-wide association study for RLS: WW-GWA-RLS

Institute of Human Genetics

GSF National Research Center, Munich, Germany

David B. Rye, MD, PhD (2006, 2007, 2008)

RLS genome study - USA/ICELAND

Emory University School of Medicine, Atlanta, GA

Juliane Winkelmann, MD (2005)

EU-RLS-GENE – Three loci for RLS on chromosome 12q (RLS-1); 14q (RLS-2); and 9p (RLS-3) mapping study

Institute of Human Genetics

GSF National Research Center, Munich, Germany

Lan Xiong (2003)

Dissecting Genes Involved in Restless Legs Syndrome in French-Canadian Population with Elevated Prevalence

McGill University, Montreal, Canada

David B. Rye, MD, PhD (2002, 2004)

Genetic linkage analysis of RLS in Iceland

Emory University School of Medicine, Atlanta, GA

Guy Rouleau, MD, PhD (1999)

Searching for genes predisposing to restless leg syndrome in the French-Canadian population

Montreal General Hospital Research Institute,

Montreal, Canada

Iron Regulation

Padmavathi Ponnuru, PhD (2011)

A role for MEIS1 in brain iron deficiency in Restless Legs Syndrome

Drexel University College of Medicine,
Philadelphia, PA

Stephanie Miller Patton, PhD (2006)

The contributory role that iron-sulfur cluster proteins play in RLS

Pennsylvania State University College of Medicine, Hershey, PA

Stephanie Miller Patton, PhD (2005)

The contribution of iron regulatory proteins (IRPs) to the dysregulation of iron homeostasis in RLS

Pennsylvania State University Milton S. Hershey Medical Center,
Hershey, PA

James R Connor, PhD (2003)

Is Defective Transferrin Receptor Expression in the brain the underlying cause of RLS?

Pennsylvania State University Milton S. Hershey Medical Center,
Hershey, PA

James R. Connor, PhD (2001)

Elucidating mechanisms for regulation of iron acquisition by the brain

Pennsylvania State University, University Park, PA

Judith Owens, MD, MPH (1999–2000)

Restless leg and periodic limb movements in children with iron deficiency anemia and elevated lead

Brown University School of Medicine, Providence, RI

Animal/Treatment Models

Sergi Ferreé, MD, PhD (2014, 2015)

Measuring corticostriatal neurotransmission in iron-deficient rats as a model for screening of drugs potentially useful in WED-RLS.

National Institute on Drug Abuse, Baltimore, MD

Yuqing Li, PhD (2015)

Characterization of Meis1 heterozygous knockout mice as a model of Willis-Ekbom Disease

University of Florida, Gainesville, FL

Yuan-Yang Lai, PhD (2012)

Effect of histamine H3 receptor antagonism on PLM in iron-deficient rats: an animal model of RLS and its treatment

University of California Los Angeles and Sepulveda Research Corporation, Los Angeles, CA

Subhabrata Sanyal, PhD (2011)

Genetic modeling of Restless Legs Syndrome in Drosophila

Emory University School of Medicine, Atlanta, GA

Seiji Nishino MD, PhD (2004)

PLMS in hypocretin-deficient narcoleptic dogs

Stanford Center for Narcolepsy Research, Palo Alto, CA

Byron C. Jones, PhD (2004)

Proposal to create mouse colony to identify candidate genes related to RLS

Pennsylvania State University, University Park, PA

Yuan-Yang Lai, PhD (2002)

Ventral mesopontine junction mediated muscle activity during sleep

University of California, Los Angeles, North Hills, CA

Felipe Espinosa, DVM, PhD (2001–2002)

Potential mouse model for human-RLS (hRLS)

University of Texas Southwestern Medical Center, Dallas, TX

David B. Rye, MD, PhD (2001)

Neural substrates of and pharmacologic interventions for restless legs syndrome and paroxysmal limb movements during sleep

Emory University School of Medicine, Atlanta, GA

David B. Rye, MD, PhD (2000)

Fellowship for Drs. Amanda Freeman and Glenda Keating - Non-human primate model of PLMS

Emory University School of Medicine, Atlanta, GA

Michael Polydefkis, MD (2000)

A Trial of gabapentin in RLS stratifying patients by presence/absence of small fiber neuropathy

Johns Hopkins University School of Medicine,
Baltimore, MD

Neurophysiology

Stephanie Miller Patton, PhD (2012)

The role that the nitric oxide pathway plays in regulating vasodilation of the legs in Restless Legs Syndrome

Pennsylvania State University College of Medicine, Hershey, PA

Stephanie Miller Patton, PhD (2009)

The role that the hypoxia response pathway & neuronal nitric oxide synthase (nNOS) plays in the mechanism of RLS

Pennsylvania State University College of Medicine, Hershey, PA

Douglas E. Wright, PhD (2006)

Contributions of Abnormal Sensory Input from Muscle in RLS

University of Kansas Medical Center, Kansas City, KS

Karin Stiasny-Kolster, MD (2004)

Quantitative sensory testing (QST) in RLS

Department of Neurology, Marburg, Germany

William Bara-Jimenez, MD (1997–1999)

Fellowship

National Institute of Neurological Disorders and Stroke,

Bethesda, MD

Epidemiology

Hochang Benjamin Lee, MD (2013)

Subcortical white matter hyperintensities on brain magnetic resonance imaging: a comparison between early-onset and late-onset RLS subjects

Yale University, New Haven, CT

Jeffrey Dumer, MD, PhD (2005)

Identification of restless legs syndrome in children

Emory University School of Medicine, Atlanta, GA

Lorene M. Nelson, PhD and Stephen V. Van Den Eeden, PhD (2004)

Pilot study of restless legs syndrome in Kaiser Permanente

Stanford University School of Medicine, Stanford, CA

Kaiser Permanente Division of Research, Oakland, CA

Christopher J. Earley, MD, PhD (2001)

Epidemiological study of an elderly twin cohort

Johns Hopkins University Bayview Medical Center,

Baltimore, MD

Dopamine

Shawn Hochman, PhD (2003)

Spinal Dopamine Dysfunction and Restless Legs Syndrome

Emory University School of Medicine, Atlanta, GA

David Eidelberg, MD (2002)

A quantitative whole-brain imaging study of the dopamine transporter in the RLS using FP-betaCIT PET Scanning

North Shore University Hospital, Manhasset, NY

Miscellaneous

William Padula, PhD, MS, Msc (2016)

Economic Evaluation of Restless Legs Syndrome (RLS)

Johns Hopkins Bloomberg School of Public Health,

Baltimore, MD

William G. Ondo, MD (2000)

Assistance with the Harvard Brain Tissue Resource Center

Baylor College of Medicine, Houston, TX

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Please become an RLS Foundation member and receive our quarterly newsletter, *NightWalkers*, as well as access to our library of handouts and brochures with the most current information available about RLS. Go to www.rls.org/join to help us Find a Cure!



The RLS Foundation is dedicated to improving the lives of the men, women and children who live with this often devastating disease. Our mission is to increase awareness, improve treatments and through research, find a cure for restless legs syndrome.

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