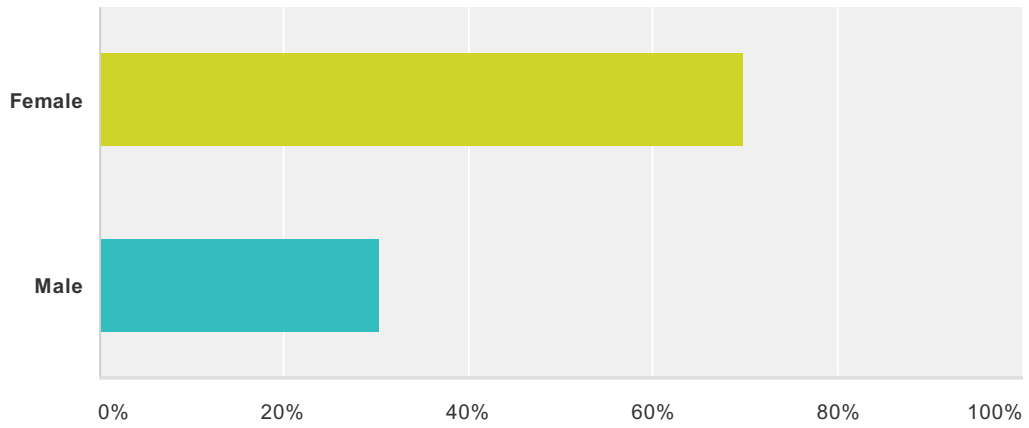


### Q1 What is your gender?

Answered: 1,622 Skipped: 0



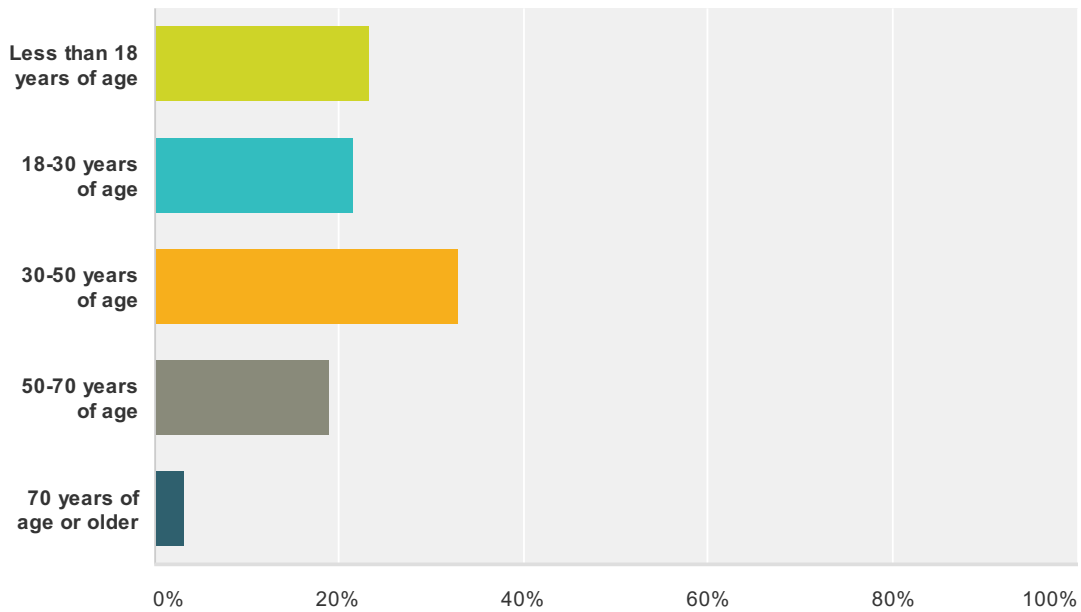
Answer Choices	Responses
Female	69.61% 1,129
Male	30.39% 493
<b>Total</b>	<b>1,622</b>

**Q2 What is your current age?**

Answered: 1,622 Skipped: 0

### Q3 At what age did you begin to experience RLS/WED symptoms?

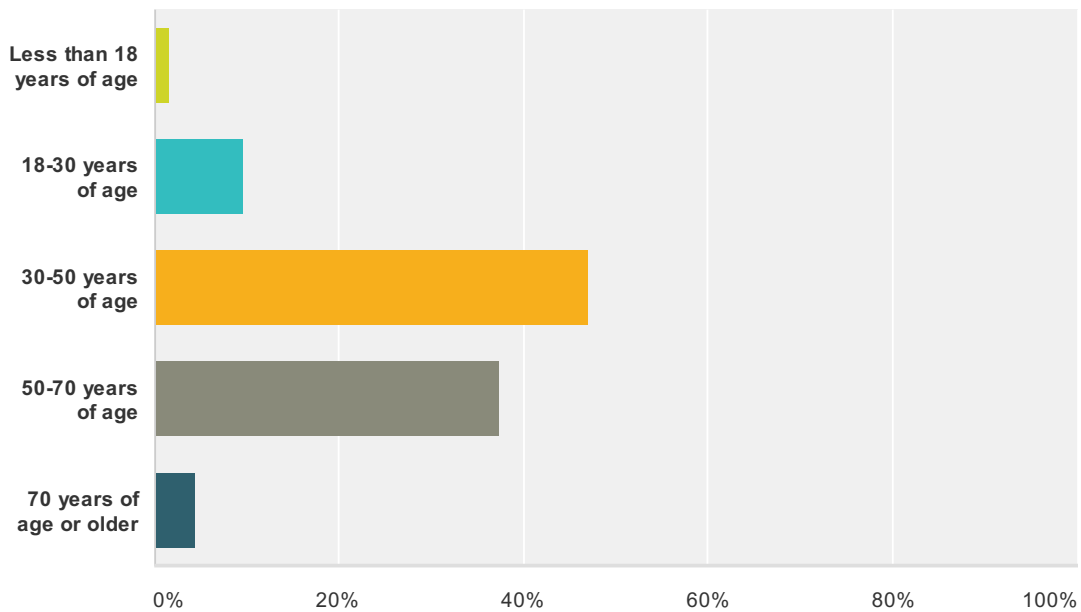
Answered: 1,622 Skipped: 0



Answer Choices	Responses	Count
Less than 18 years of age	23.30%	378
18-30 years of age	21.58%	350
30-50 years of age	32.86%	533
50-70 years of age	18.99%	308
70 years of age or older	3.27%	53
<b>Total</b>		<b>1,622</b>

### Q4 At what age were you diagnosed with RLS/WED, either through a physician or self-diagnosis?

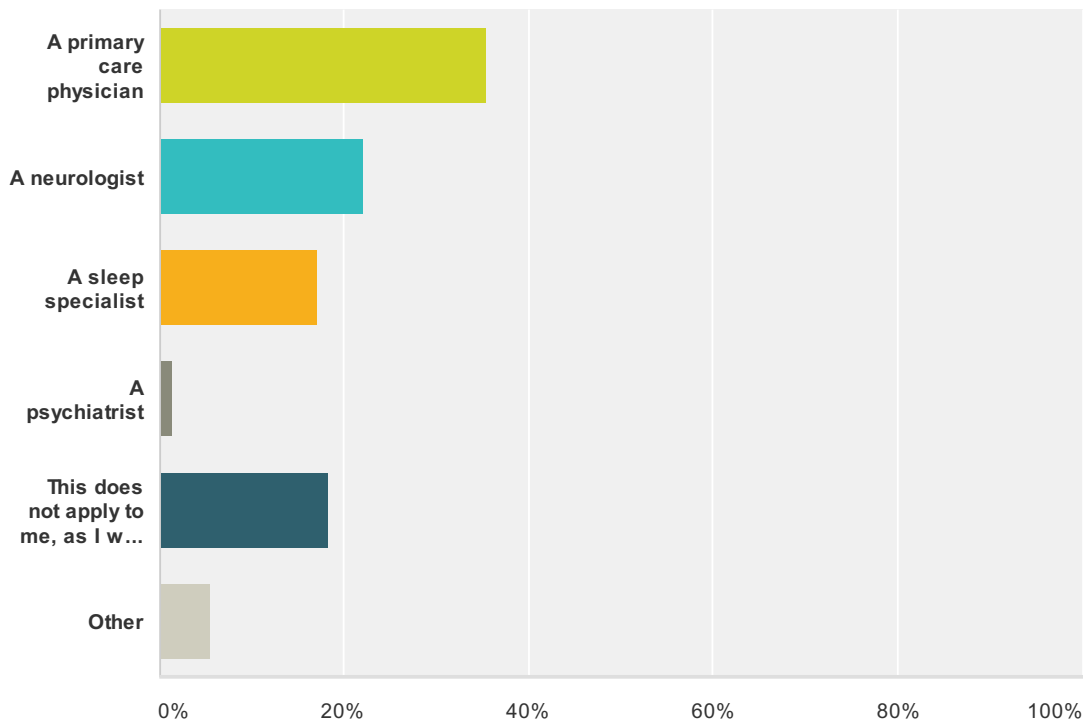
Answered: 1,622 Skipped: 0



Answer Choices	Responses	
Less than 18 years of age	1.60%	26
18-30 years of age	9.62%	156
30-50 years of age	46.92%	761
50-70 years of age	37.36%	606
70 years of age or older	4.50%	73
<b>Total</b>		<b>1,622</b>

### Q5 If you were diagnosed with RLS/WED by a physician, what type of physician diagnosed you?

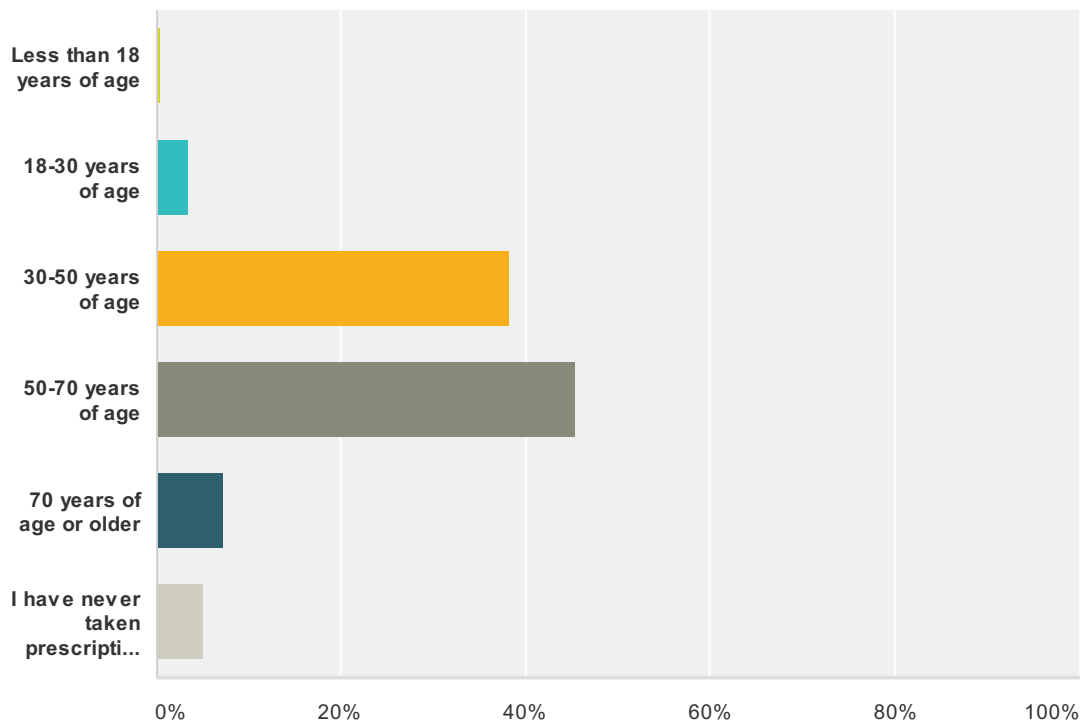
Answered: 1,622 Skipped: 0



Answer Choices	Responses	
A primary care physician	35.45%	575
A neurologist	22.19%	360
A sleep specialist	17.14%	278
A psychiatrist	1.42%	23
This does not apply to me, as I was not diagnosed by a physician	18.37%	298
Other	5.43%	88
<b>Total</b>		<b>1,622</b>

### Q6 At what age did you first start taking prescription medication for RLS/WED?

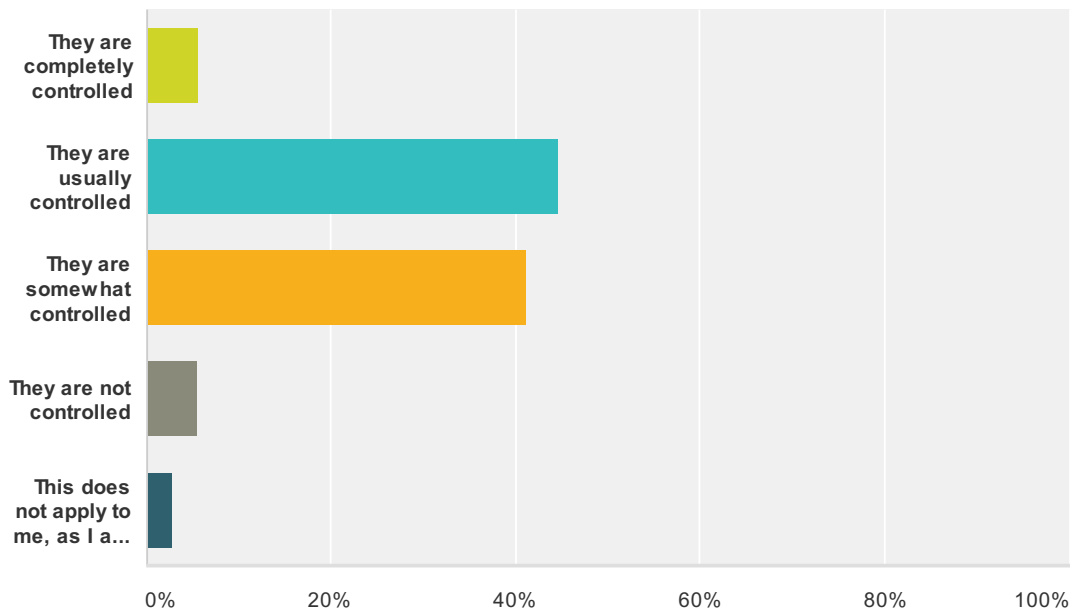
Answered: 1,622 Skipped: 0



Answer Choices	Responses
Less than 18 years of age	0.49% 8
18-30 years of age	3.58% 58
30-50 years of age	38.10% 618
50-70 years of age	45.38% 736
70 years of age or older	7.27% 118
I have never taken prescription medication for RLS/WED	5.18% 84
<b>Total</b>	<b>1,622</b>

### Q7 With your current medication, how well do you feel that your symptoms are controlled?

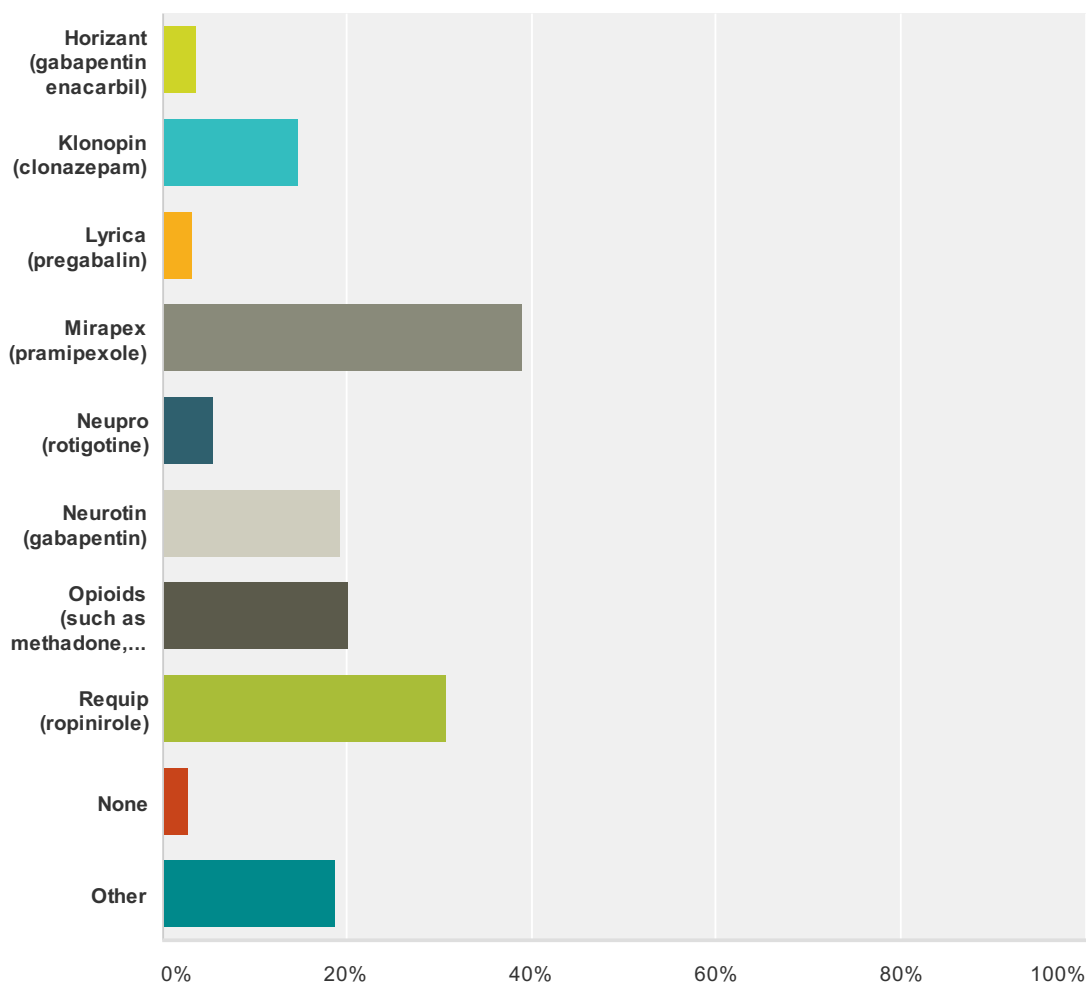
Answered: 1,538 Skipped: 84



Answer Choices	Responses	
They are completely controlled	5.66%	87
They are usually controlled	44.67%	687
They are somewhat controlled	41.16%	633
They are not controlled	5.53%	85
This does not apply to me, as I am not currently taking medication for my RLS/WED	2.99%	46
<b>Total</b>		<b>1,538</b>

### Q8 What prescription medications, if any, are you currently taking for your RLS/WED (select all options that apply)?

Answered: 1,538 Skipped: 84

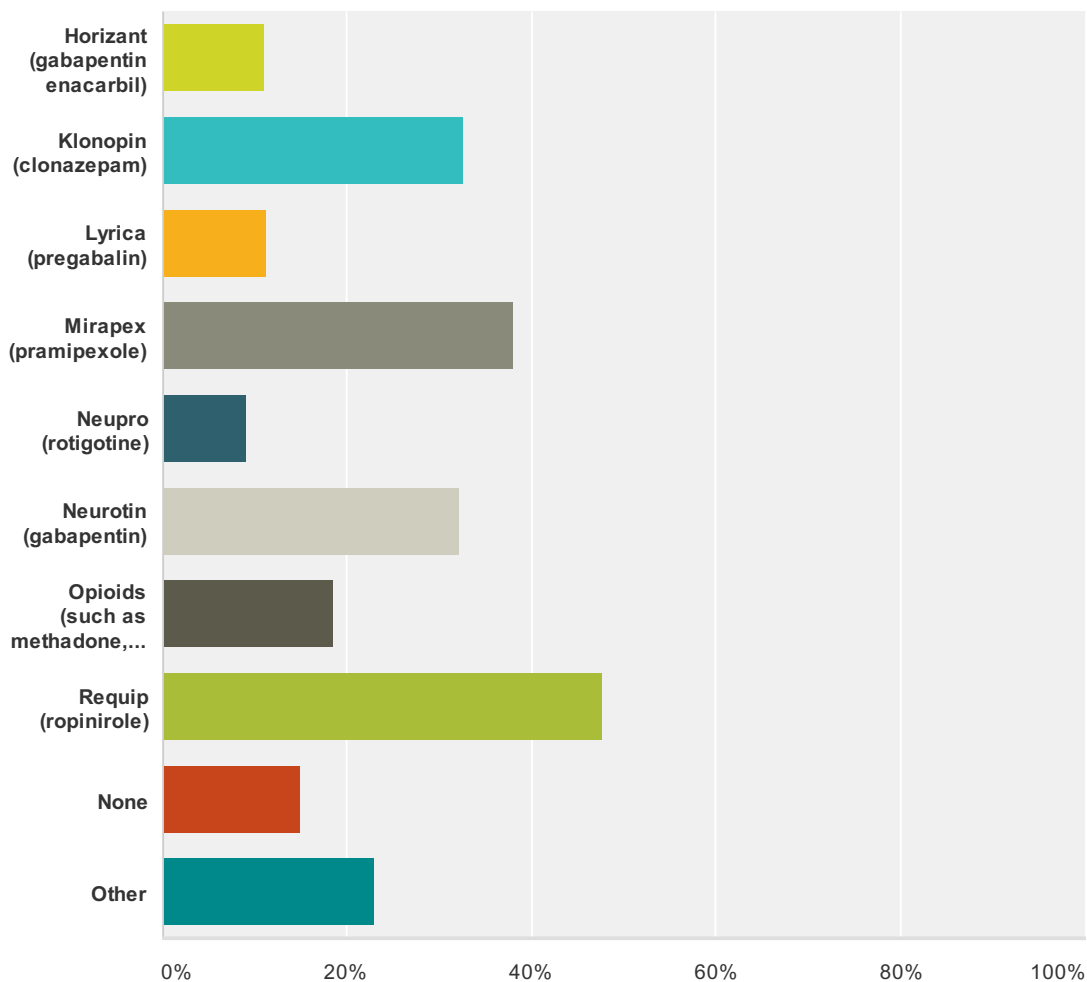


Answer Choices	Responses
Horizant (gabapentin enacarbil)	3.77% 58
Klonopin (clonazepam)	14.63% 225
Lyrica (pregabalin)	3.25% 50
Mirapex (pramipexole)	39.01% 600
Neupro (rotigotine)	5.46% 84
Neurotin (gabapentin)	19.38% 298
Opioids (such as methadone, hydrocodone, morphine, oxycodone, codeine)	20.22% 311
Requip (ropinirole)	30.82% 474
None	2.80% 43
Other	18.73% 288
<b>Total Respondents: 1,538</b>	



### Q9 What prescription medications have you previously taken for your RLS/WED (select all options that apply)?

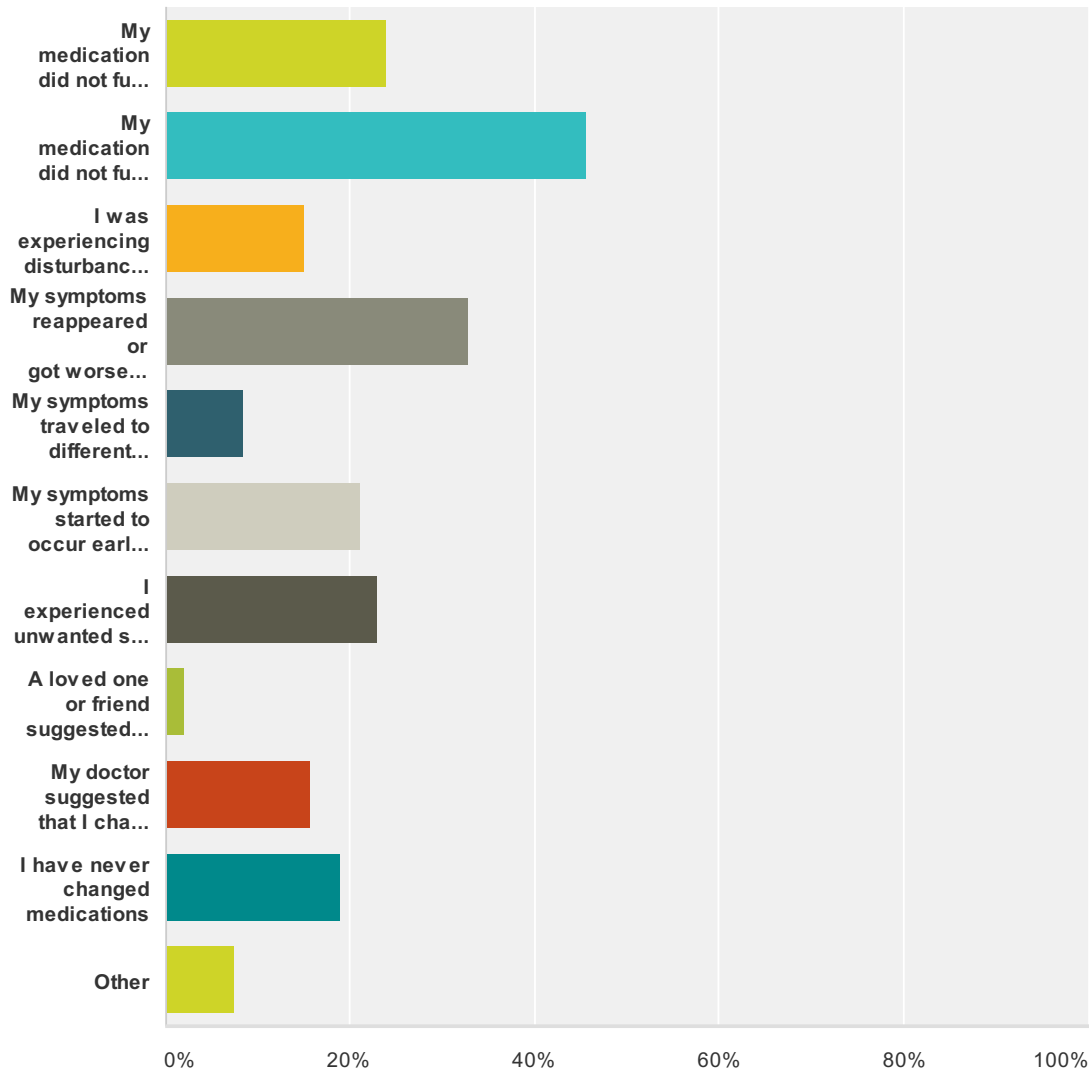
Answered: 1,538 Skipped: 84



Answer Choices	Responses
Horizant (gabapentin enacarbil)	11.18% 172
Klonopin (clonazepam)	32.51% 500
Lyrica (pregabalin)	11.25% 173
Mirapex (pramipexole)	38.04% 585
Neupro (rotigotine)	9.04% 139
Neurotin (gabapentin)	32.05% 493
Opioids (such as methadone, hydrocodone, morphine, oxycodone, codeine)	18.53% 285
Requip (ropinirole)	47.59% 732
None	14.89% 229
Other	22.95% 353
<b>Total Respondents: 1,538</b>	

### Q10 What reasons have motivated you to change medications for your RLS/WED in the past (select up to three most important areas that apply)?

Answered: 1,538 Skipped: 84



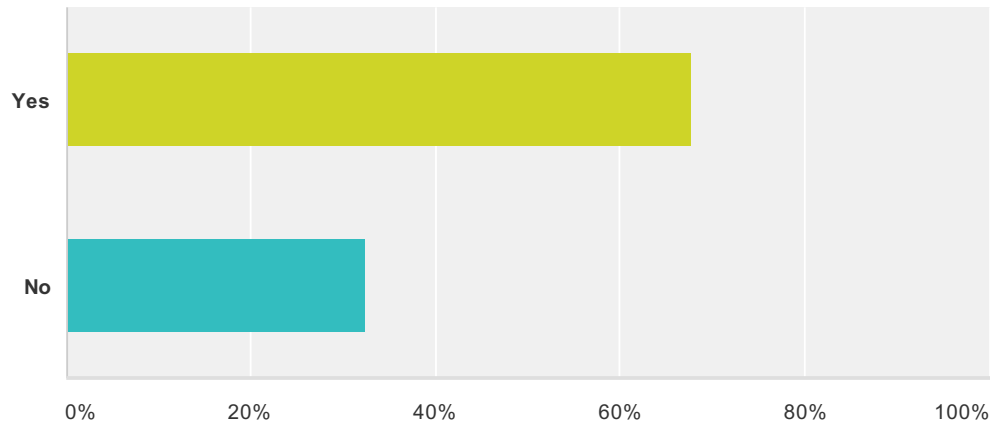
Answer Choices	Responses
My medication did not fully control my daytime symptoms	23.86% 367
My medication did not fully control my nighttime symptoms	45.58% 701
I was experiencing disturbances in my sleep	15.15% 233
My symptoms reappeared or got worse after several months or years of treatment with my medication	32.70% 503
My symptoms traveled to different parts of my body	8.58% 132
My symptoms started to occur earlier in the day while taking my medication	21.13% 325
I experienced unwanted side effects	22.95% 353
A loved one or friend suggested that I change medications	2.02% 31

## The RLS/WED Patient Odyssey

My doctor suggested that I change medications	<b>15.67%</b>	241
I have never changed medications	<b>18.99%</b>	292
Other	<b>7.41%</b>	114
<b>Total Respondents: 1,538</b>		

**Q11 Have you ever experienced the side effect of augmentation? [i.e. Augmentation is defined as a worsening of RLS symptoms that occur after starting a prescription medication to treat RLS. Particularly, symptoms may occur earlier in the day, spread to body parts other than the legs, be more intense, and/or begin after a shorter period of rest or inactivity than before treatment.]**

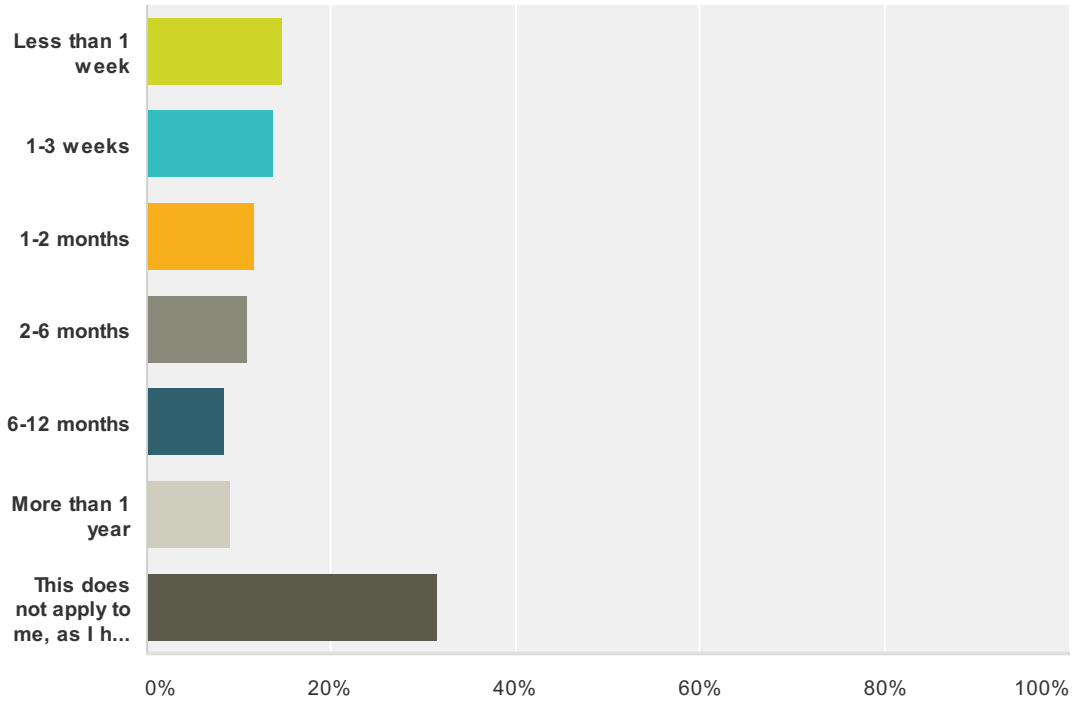
Answered: 1,538 Skipped: 84



Answer Choices	Responses
Yes	67.56% 1,039
No	32.44% 499
<b>Total</b>	<b>1,538</b>

### Q12 If you have experienced augmentation, how long did it take to recognize that you were experiencing augmentation?

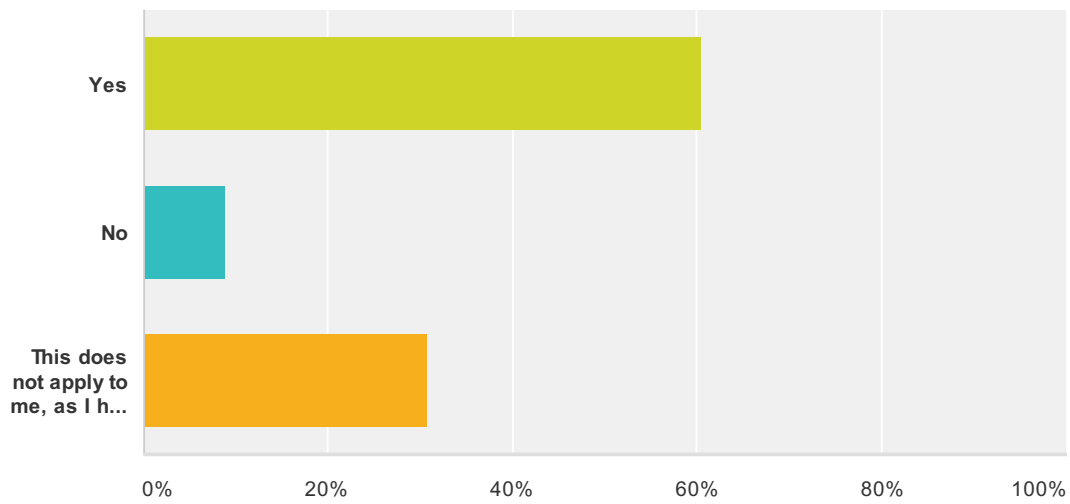
Answered: 1,538 Skipped: 84



Answer Choices	Responses
Less than 1 week	14.63% 225
1-3 weeks	13.65% 210
1-2 months	11.64% 179
2-6 months	10.92% 168
6-12 months	8.52% 131
More than 1 year	9.10% 140
This does not apply to me, as I have never experienced augmentation	31.53% 485
<b>Total</b>	<b>1,538</b>

**Q13 If you have experienced augmentation, have you reported the side effect of augmentation to your physician?**

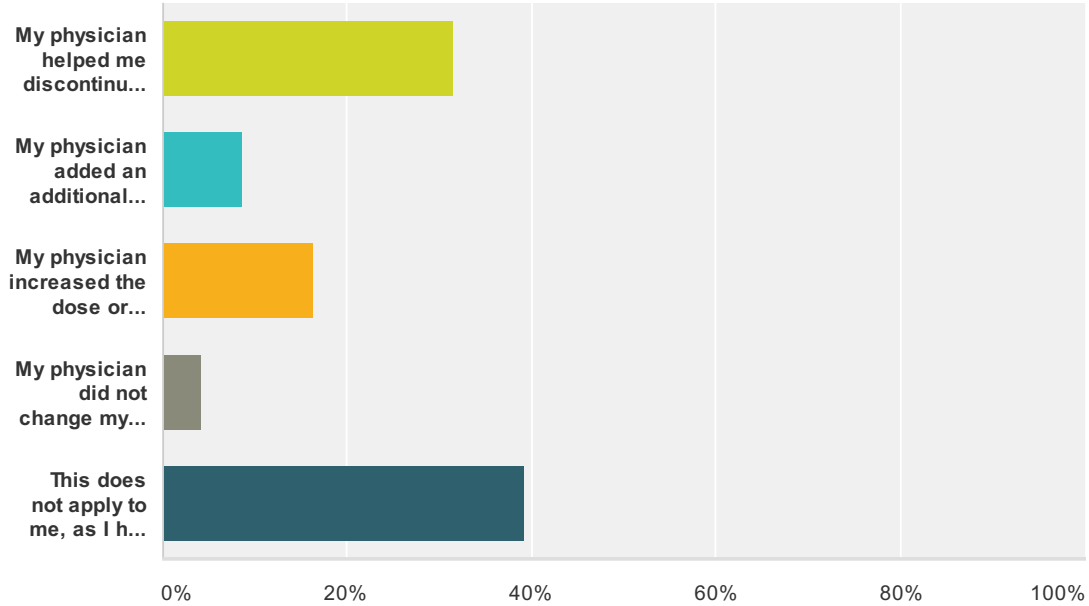
Answered: 1,538 Skipped: 84



Answer Choices	Responses	
Yes	60.40%	929
No	8.91%	137
This does not apply to me, as I have never experienced augmentation	30.69%	472
<b>Total</b>		<b>1,538</b>

**Q14 If you have reported the side effects of augmentation to your physician, which of the following steps did your physician take?**

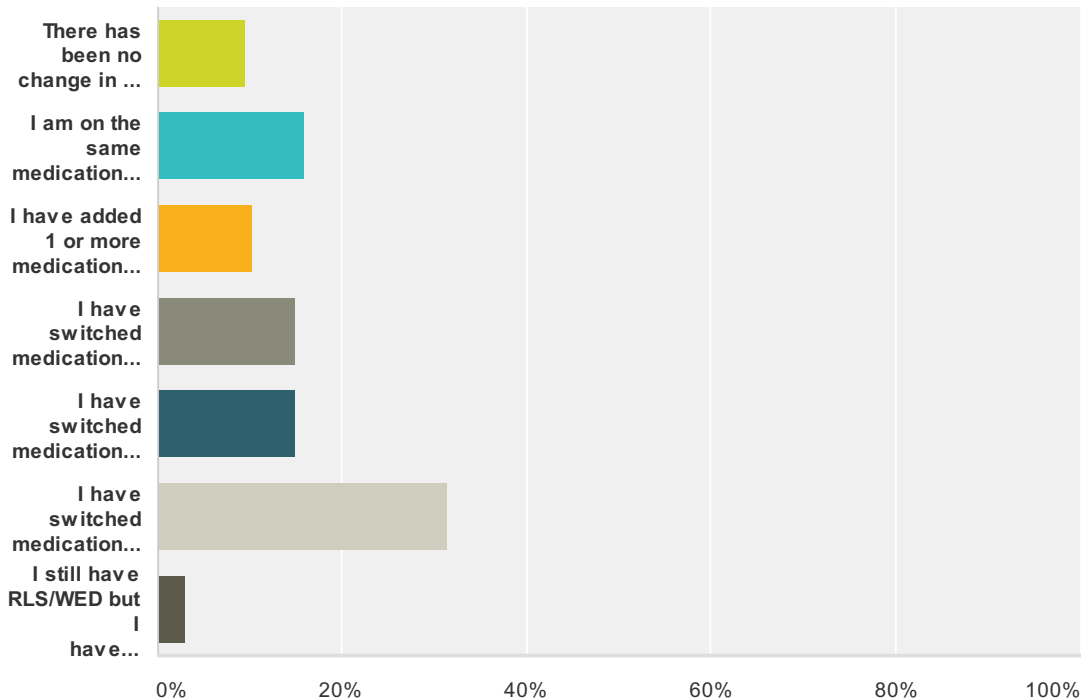
Answered: 1,538 Skipped: 84



Answer Choices	Responses
My physician helped me discontinue my medication and then I started a new medication	31.53% 485
My physician added an additional, new medication to my treatment regimen	8.78% 135
My physician increased the dose or frequency of my medication	16.25% 250
My physician did not change my medication or my dose	4.36% 67
This does not apply to me, as I have never reported augmentation to my physician	39.08% 601
<b>Total</b>	<b>1,538</b>

**Q15 Since your diagnosis with RLS/WED, have you added, switched or stopped RLS/WED medications? (Please select the option that best applies)**

Answered: 1,538 Skipped: 84

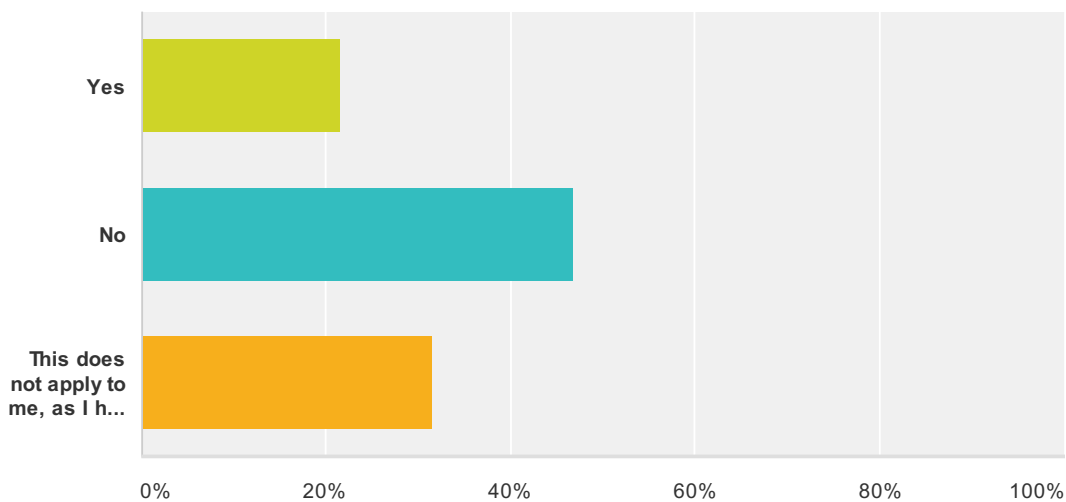


Answer Choices	Responses
There has been no change in my medication since I was originally diagnosed with RLS/WED	9.49% 146
I am on the same medication but have had to increase the dose	15.86% 244
I have added 1 or more medications to try to improve my RLS/WED symptoms	10.40% 160
I have switched medications once since my original diagnosis	14.82% 228
I have switched medications 2 times since my original diagnosis	14.95% 230
I have switched medications 3 or more times since my original diagnosis	31.27% 481
I still have RLS/WED but I have discontinued my medication	3.19% 49
<b>Total</b>	<b>1,538</b>



### Q16 Did you experience “withdrawal” symptoms while discontinuing any of your medications?

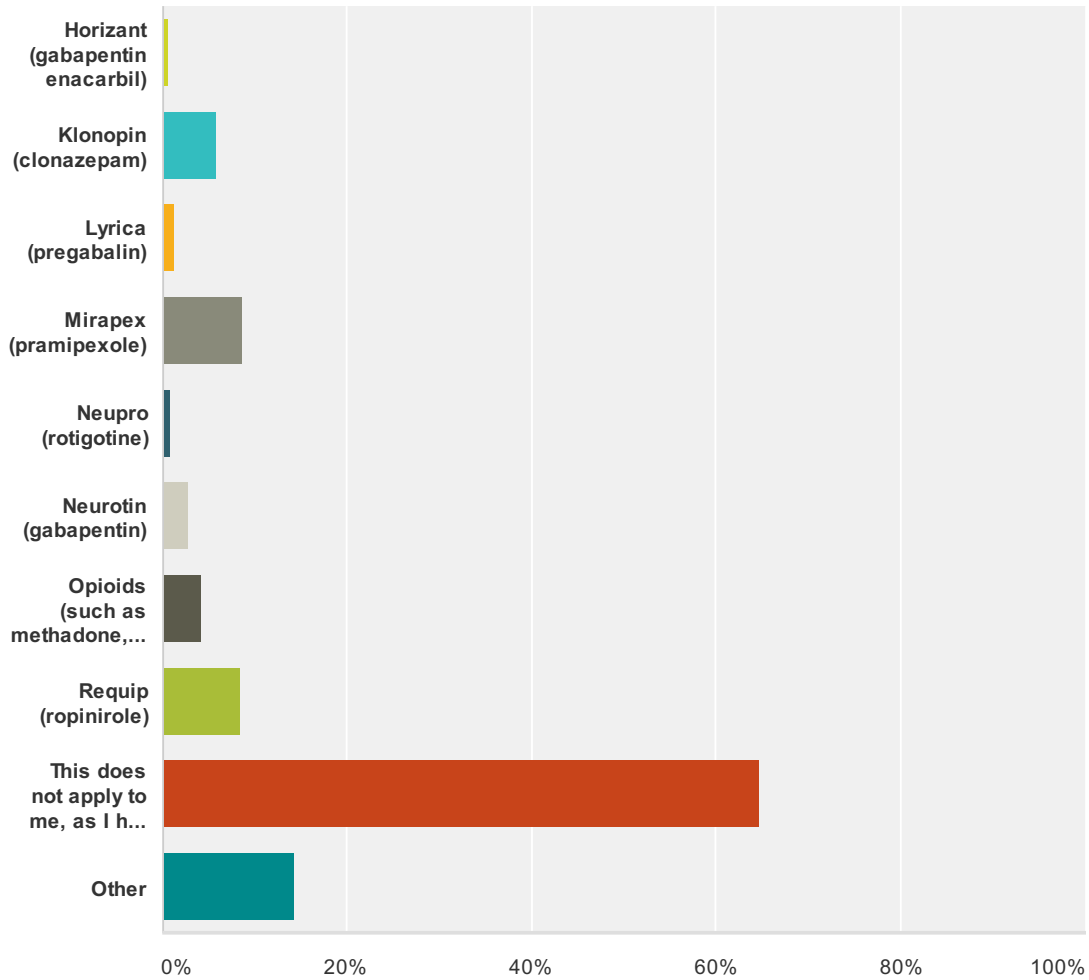
Answered: 1,538 Skipped: 84



Answer Choices	Responses	
Yes	21.59%	332
No	46.81%	720
This does not apply to me, as I have not discontinued medication	31.60%	486
<b>Total</b>		<b>1,538</b>

**Q17 If you have experienced "withdrawal" symptoms, with which of the following medications did you experience withdrawal symptoms while discontinuing (select all options that apply)?**

Answered: 1,538 Skipped: 84



Answer Choices	Responses
Horizant (gabapentin enacarbil)	0.65% 10
Klonopin (clonazepam)	5.98% 92
Lyrica (pregabalin)	1.30% 20
Mirapex (pramipexole)	8.65% 133
Neupro (rotigotine)	0.98% 15
Neurotin (gabapentin)	2.80% 43
Opioids (such as methadone, hydrocodone, morphine, oxycodone, codeine)	4.29% 66
Requip (ropinirole)	8.45% 130
This does not apply to me, as I have not discontinued medication	64.56% 993

# The RLS/WED Patient Odyssey

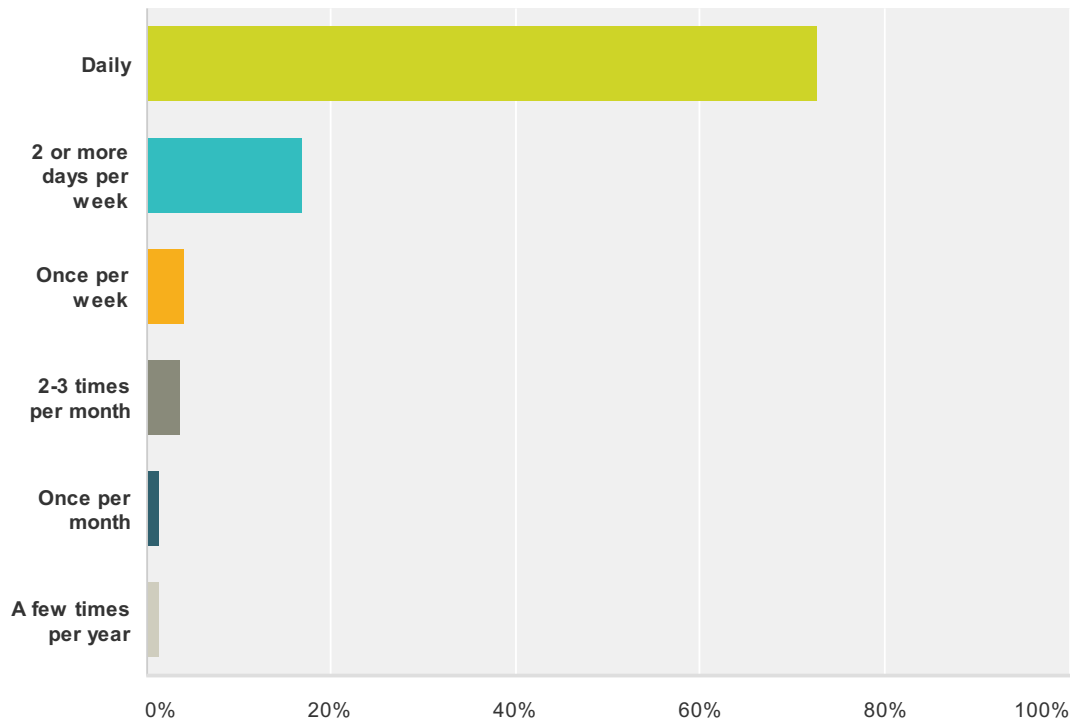
Other	14.30%	220
<b>Total Respondents: 1,538</b>		

**Q18 If you have experienced "withdrawal" symptoms, please describe this experience in less than 100 words. If you have not, please write "N/A" to proceed to the following section.**

Answered: 1,538 Skipped: 84

### Q19 How frequently do you experience RLS/WED symptoms?

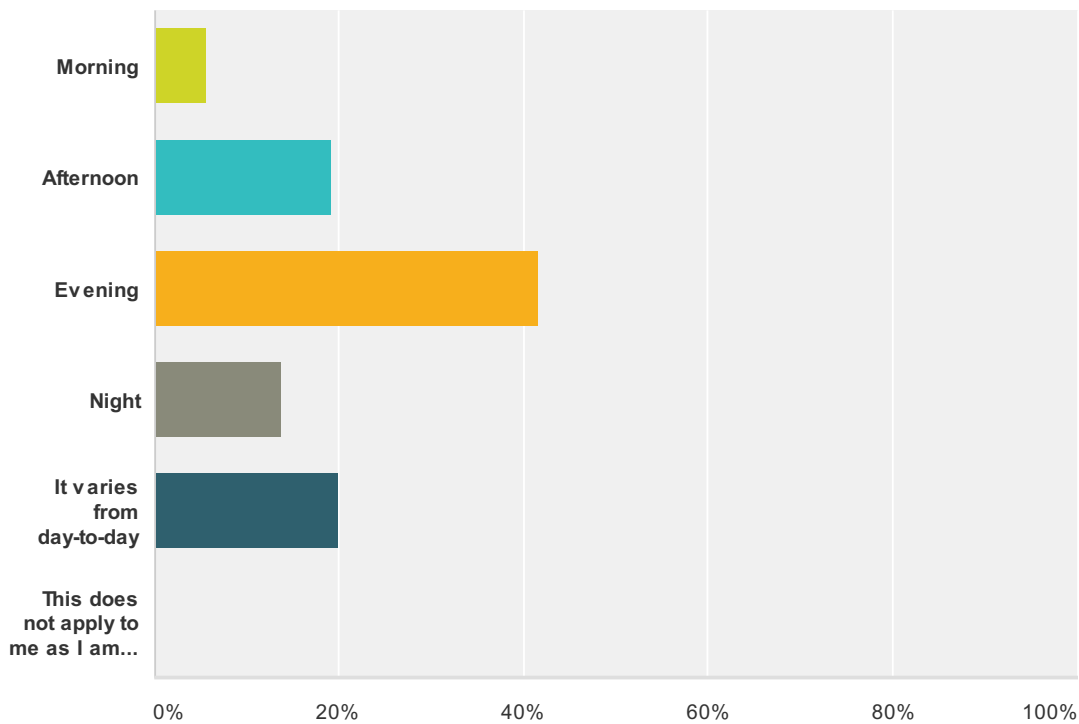
Answered: 1,622 Skipped: 0



Answer Choices	Responses
Daily	72.56% 1,177
2 or more days per week	16.89% 274
Once per week	4.01% 65
2-3 times per month	3.64% 59
Once per month	1.42% 23
A few times per year	1.48% 24
<b>Total</b>	<b>1,622</b>

### Q20 At what time of day do your RLS/WED symptoms typically start?

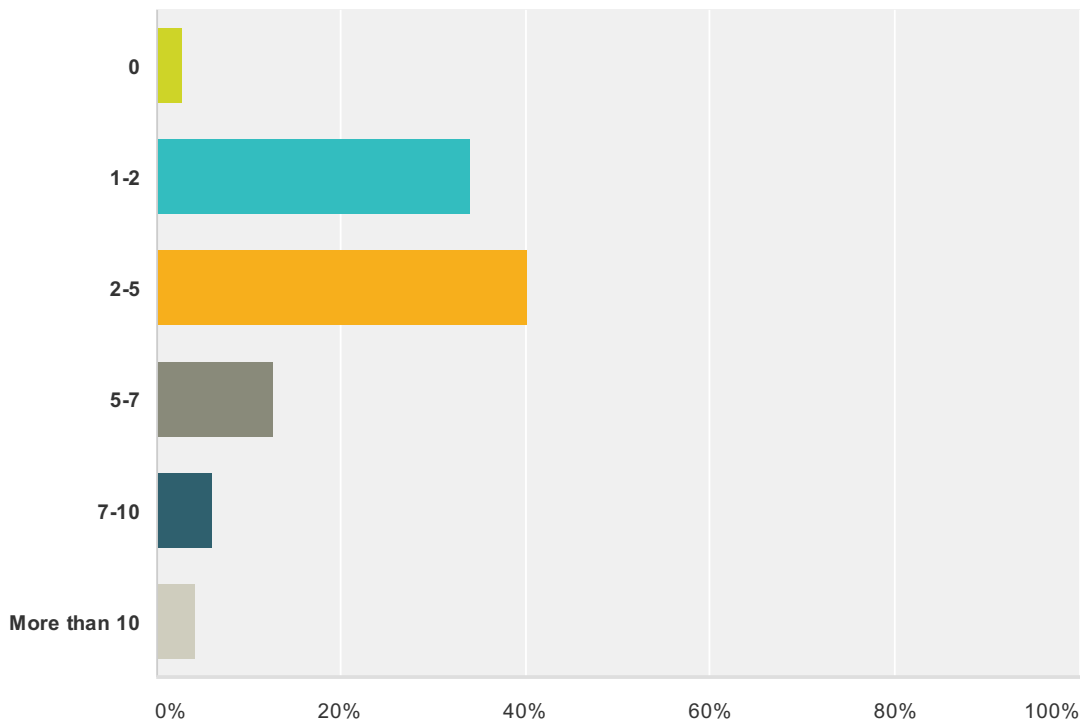
Answered: 1,622 Skipped: 0



Answer Choices	Responses
Moming	5.67% 92
Afternoon	19.05% 309
Evening	41.62% 675
Night	13.69% 222
It varies from day-to-day	19.98% 324
This does not apply to me as I am currently not taking medication	0% 0
<b>Total</b>	<b>1,622</b>

**Q21 How many prescription and non-prescription medications in total have you tried (successfully or not) to treat your RLS/WED?**

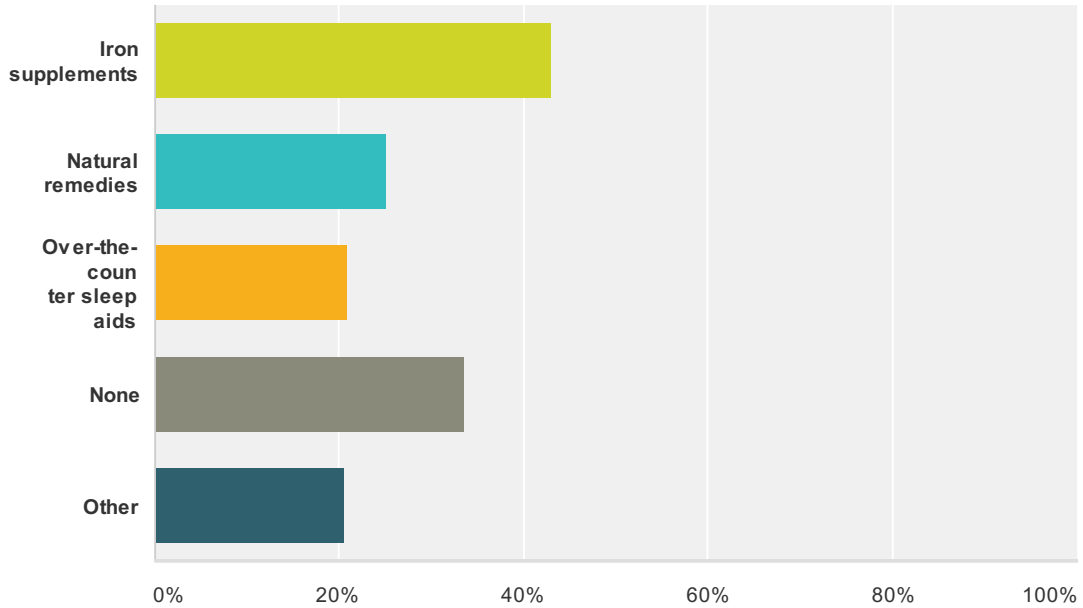
Answered: 1,622 Skipped: 0



Answer Choices	Responses	
0	2.90%	47
1-2	33.91%	550
2-5	40.26%	653
5-7	12.64%	205
7-10	6.04%	98
More than 10	4.25%	69
<b>Total</b>		<b>1,622</b>

**Q22 What non-prescription treatments, if any, are you currently taking or have you taken in the past (select all options that apply)?**

Answered: 1,622 Skipped: 0

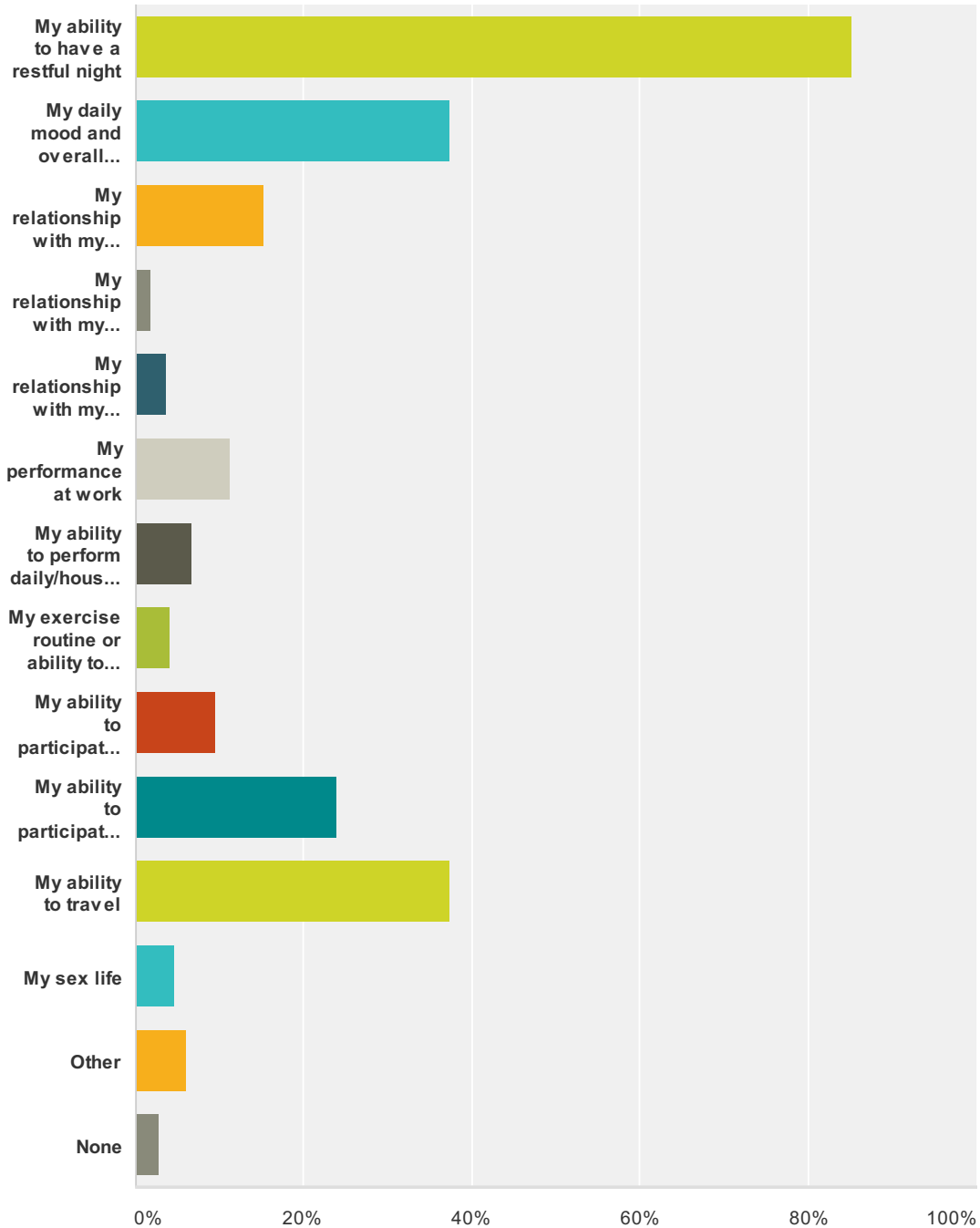


Answer Choices	Responses
Iron supplements	43.03% 698
Natural remedies	25.09% 407
Over-the-counter sleep aids	20.96% 340
None	33.54% 544
Other	20.53% 333
<b>Total Respondents: 1,622</b>	



**Q23 Which areas of your life, if any, are negatively impacted by RLS/WED (select up to three most important areas that apply)?**

Answered: 1,622 Skipped: 0



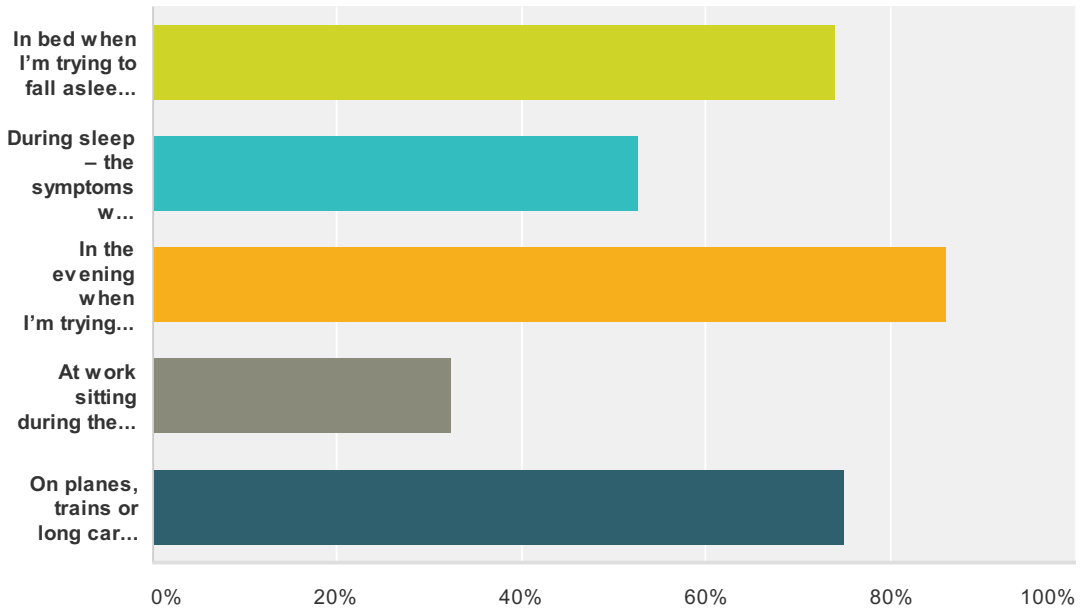
Answer Choices	Responses	Count
My ability to have a restful night	85.08%	1,380
My daily mood and overall happiness	37.36%	606
My relationship with my partner/spouse	15.41%	250

## The RLS/WED Patient Odyssey

My relationship with my immediate family	1.85%	30
My relationship with my immediate family or friends	3.64%	59
My performance at work	11.28%	183
My ability to perform daily/household chores	6.72%	109
My exercise routine or ability to participate in sports	4.19%	68
My ability to participate in my hobbies	9.49%	154
My ability to participate in social events	23.98%	389
My ability to travel	37.36%	606
My sex life	4.69%	76
Other	6.10%	99
None	2.84%	46
<b>Total Respondents: 1,622</b>		

### Q24 When do your RLS/WED symptoms tend to act up (select all options that apply)?

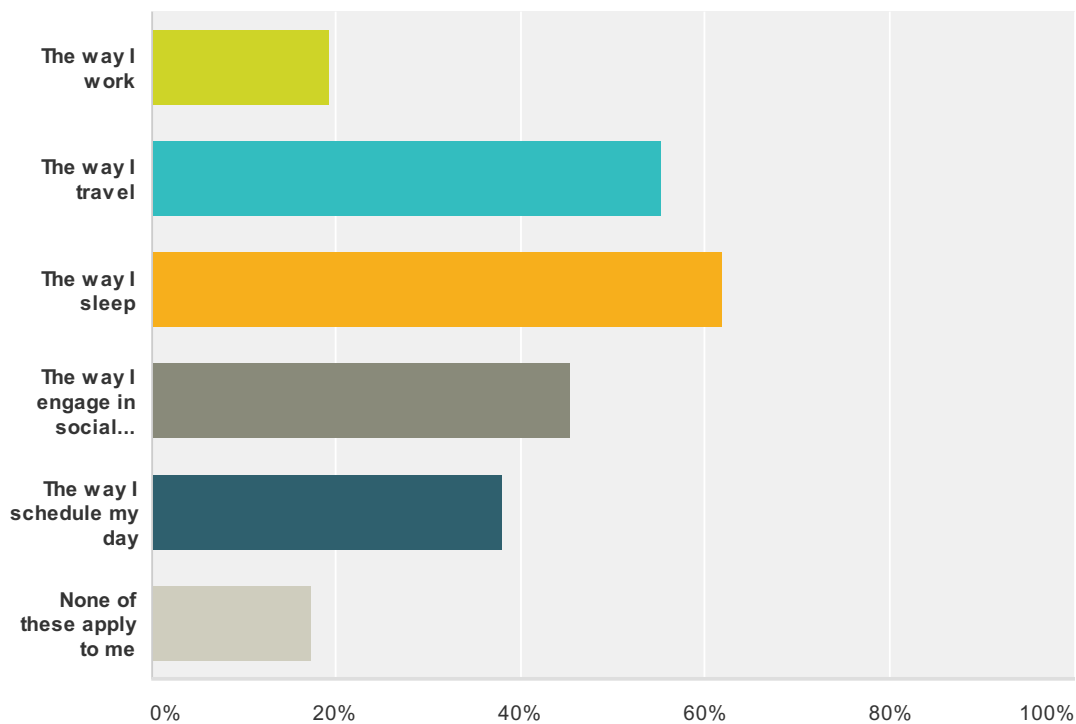
Answered: 1,622 Skipped: 0



Answer Choices	Responses	
In bed when I'm trying to fall asleep at night	73.86%	1,198
During sleep – the symptoms wake me up in the middle of the night	52.53%	852
In the evening when I'm trying to relax and watch TV, read a book, etc.	85.82%	1,392
At work sitting during the day	32.31%	524
On planes, trains or long car trips	74.85%	1,214
<b>Total Respondents: 1,622</b>		

**Q25 Have you had to adjust any of the following activities to account for your RLS/WED symptoms (select all that apply)?**

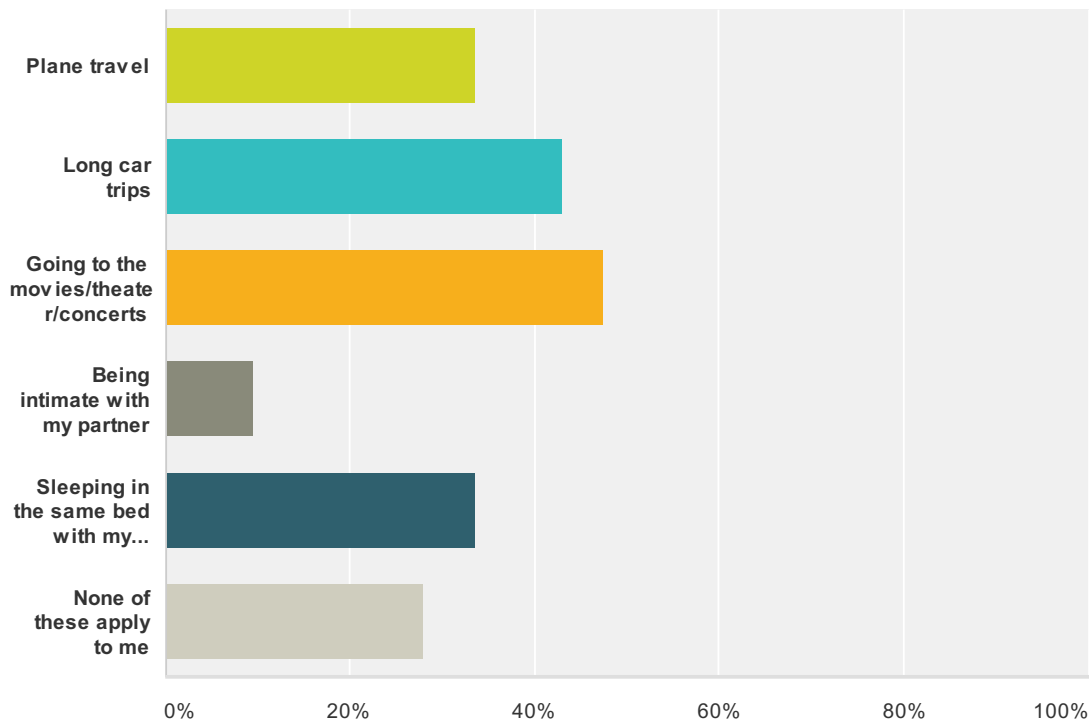
Answered: 1,622 Skipped: 0



Answer Choices	Responses
The way I work	19.30% 313
The way I travel	55.18% 895
The way I sleep	61.71% 1,001
The way I engage in social activities/events	45.44% 737
The way I schedule my day	37.92% 615
None of these apply to me	17.32% 281
<b>Total Respondents: 1,622</b>	

**Q26 Have you avoided any of the below activities due to your RLS/WED (select all that apply)?**

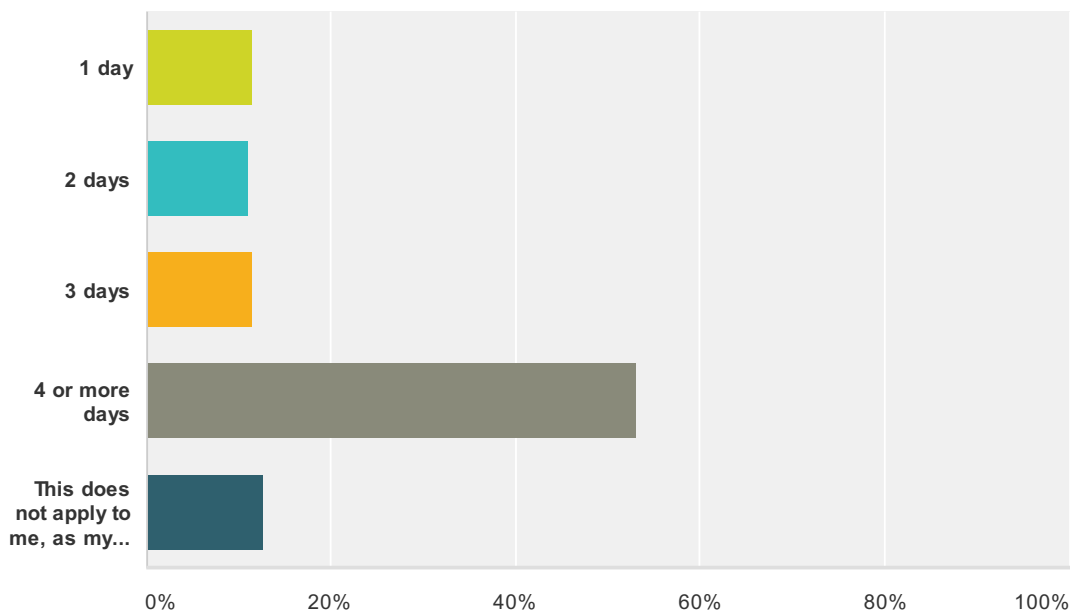
Answered: 1,622 Skipped: 0



Answer Choices	Responses
Plane travel	33.60% 545
Long car trips	42.91% 696
Going to the movies/theater/concerts	47.35% 768
Being intimate with my partner	9.43% 153
Sleeping in the same bed with my partner	33.54% 544
None of these apply to me	27.93% 453
<b>Total Respondents: 1,622</b>	

**Q27 As a result of your RLS/WED symptoms, how many days per week is your sleep disrupted?**

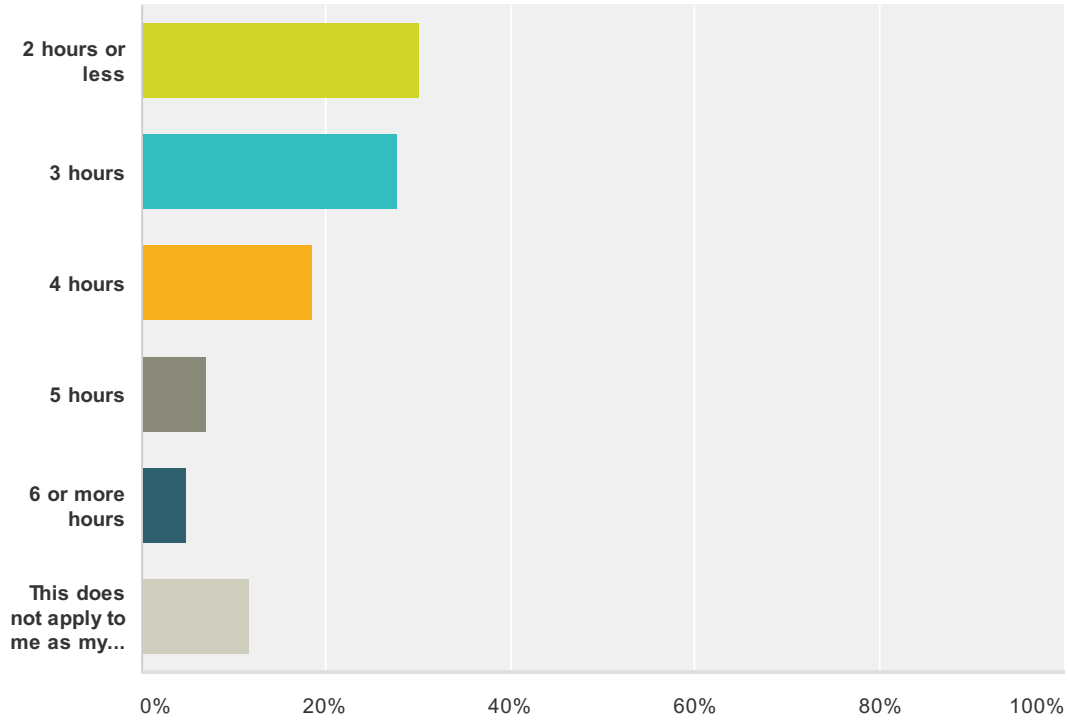
Answered: 1,622 Skipped: 0



Answer Choices	Responses	
1 day	11.53%	187
2 days	11.10%	180
3 days	11.59%	188
4 or more days	53.02%	860
This does not apply to me, as my sleep is not disrupted	12.76%	207
<b>Total</b>		<b>1,622</b>

**Q28 If your sleep is disrupted due to RLS/WED, how many hours of sleep do you estimate that you lose on nights when you experience symptoms?**

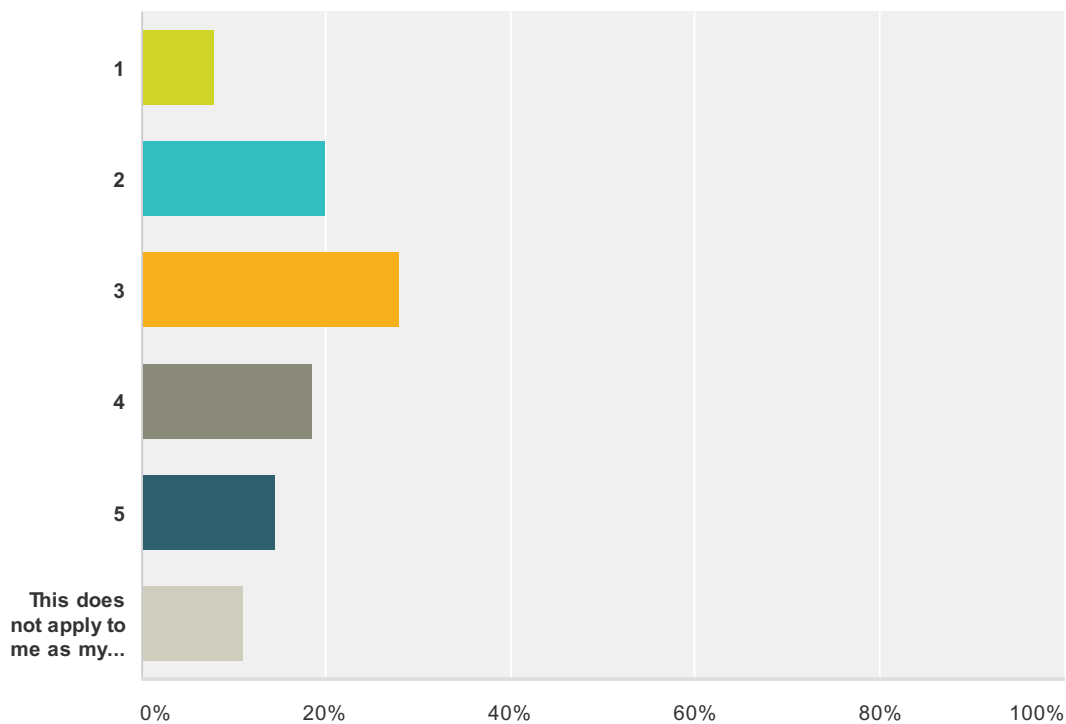
Answered: 1,622 Skipped: 0



Answer Choices	Responses
2 hours or less	30.15% 489
3 hours	27.81% 451
4 hours	18.43% 299
5 hours	7.03% 114
6 or more hours	4.81% 78
This does not apply to me as my sleep is not disrupted	11.78% 191
<b>Total</b>	<b>1,622</b>

**Q29 After losing sleep due to your RLS/WED symptoms, how impacted is your productivity the next day [scale of 1 (not impacted) to 5 (very impacted)]?**

Answered: 1,622 Skipped: 0

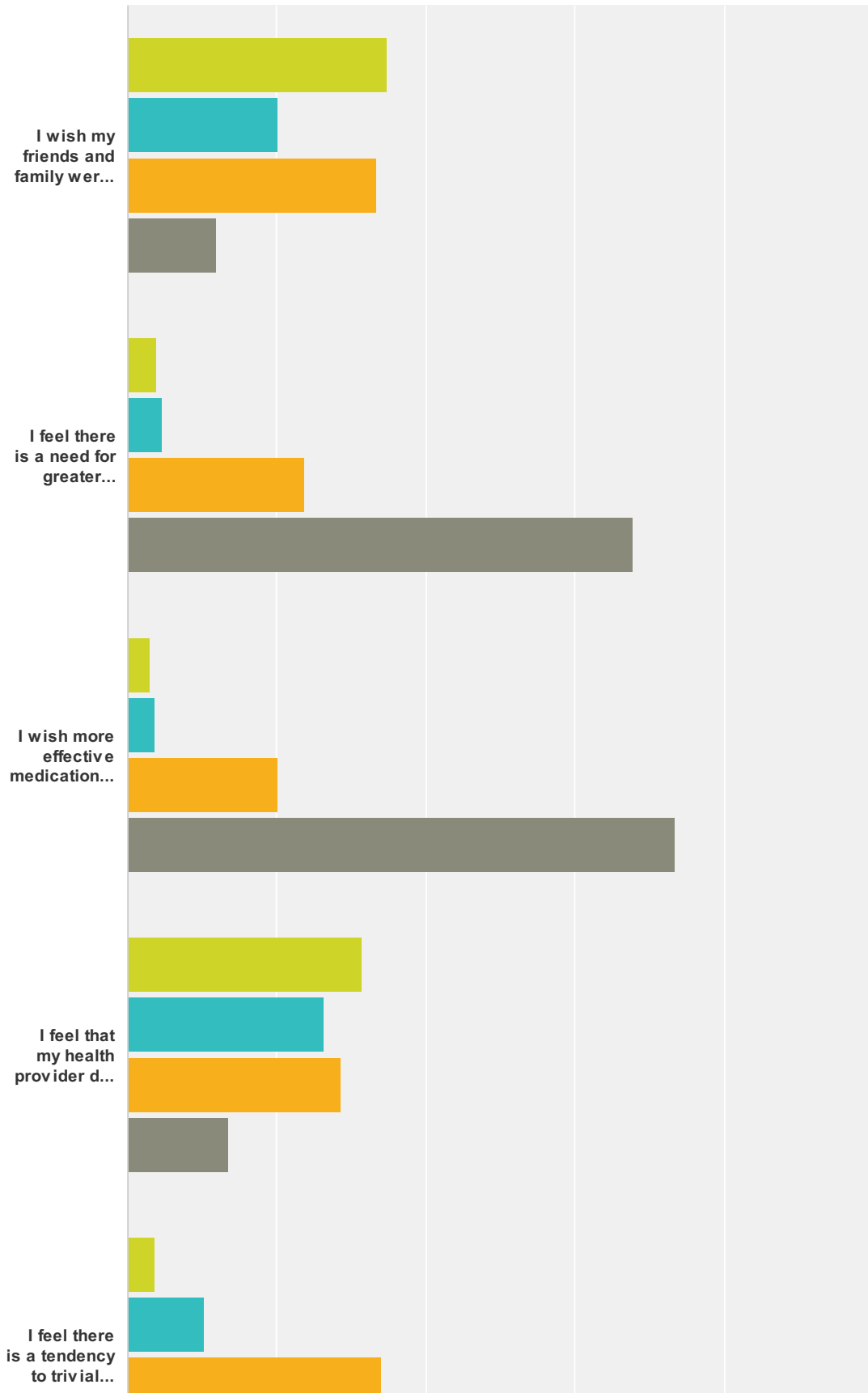


Answer Choices	Responses	
1	7.95%	129
2	19.98%	324
3	27.99%	454
4	18.50%	300
5	14.49%	235
This does not apply to me as my sleep is not disrupted	11.10%	180
<b>Total</b>		<b>1,622</b>

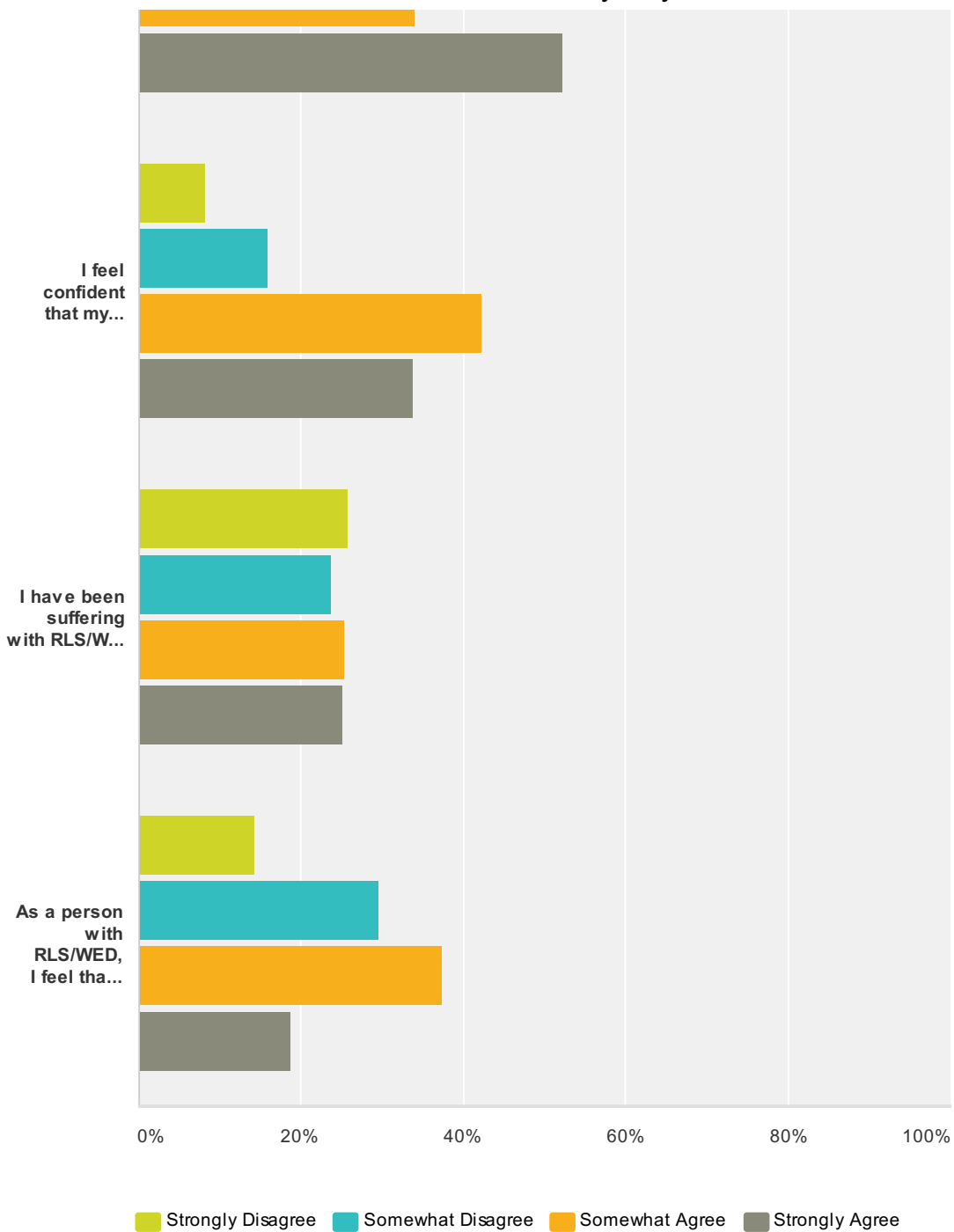


### Q30 How strongly do you agree or disagree with each of the following statements regarding your RLS/WED?

Answered: 1,622 Skipped: 0



## The RLS/WED Patient Odyssey



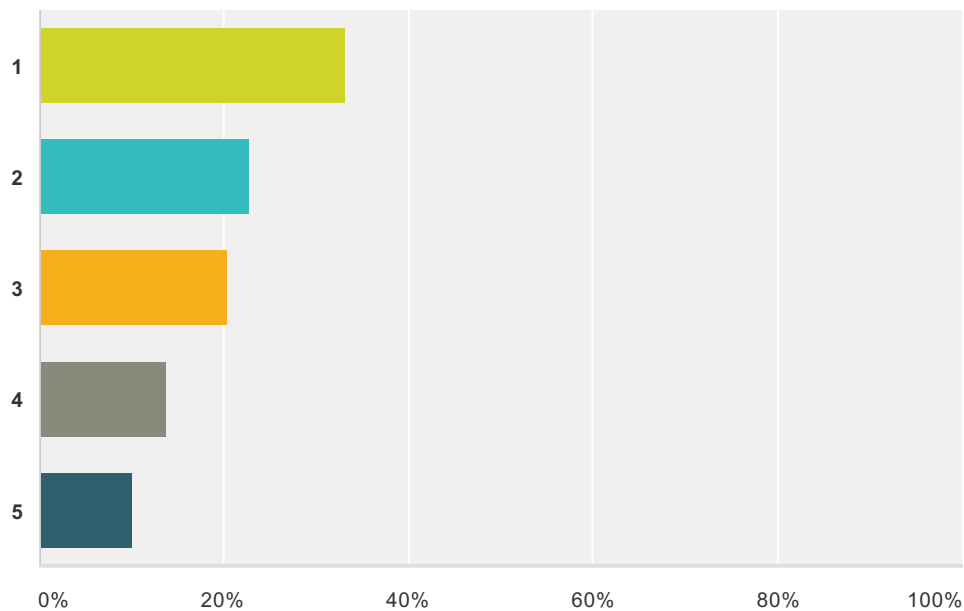
	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree	Total
I wish my friends and family were more supportive and understanding	34.67% 537	20.21% 313	33.31% 516	11.81% 183	1,549
I feel there is a need for greater physician knowledge and understanding of RLS/WED	3.94% 63	4.63% 74	23.79% 380	67.63% 1,080	1,597
I wish more effective medications were available to treat RLS/WED	3.03% 48	3.66% 58	20.09% 318	73.22% 1,159	1,583
I feel that my health provider does not understand my disease	31.45% 496	26.44% 417	28.54% 450	13.57% 214	1,577
I feel there is a tendency to trivialize RLS/WED in society and the media	3.61% 57	10.26% 162	33.88% 535	52.25% 825	1,579

## The RLS/WED Patient Odyssey

I feel confident that my doctor has put me on the right treatment for me	<b>8.25%</b> 127	<b>15.91%</b> 245	<b>42.08%</b> 648	<b>33.77%</b> 520	1,540
I have been suffering with RLS/WED for a long time and nothing seems to work/adequately control my symptoms	<b>25.75%</b> 404	<b>23.77%</b> 373	<b>25.43%</b> 399	<b>25.05%</b> 393	1,569
As a person with RLS/WED, I feel that my voice is not being heard	<b>14.29%</b> 221	<b>29.62%</b> 458	<b>37.39%</b> 578	<b>18.69%</b> 289	1,546

**Q31 Within the last two weeks, have you felt sad or anxious due to your RLS/WED? [scale of 1 (not sad/anxious at all) to 5 (very sad/anxious)]?**

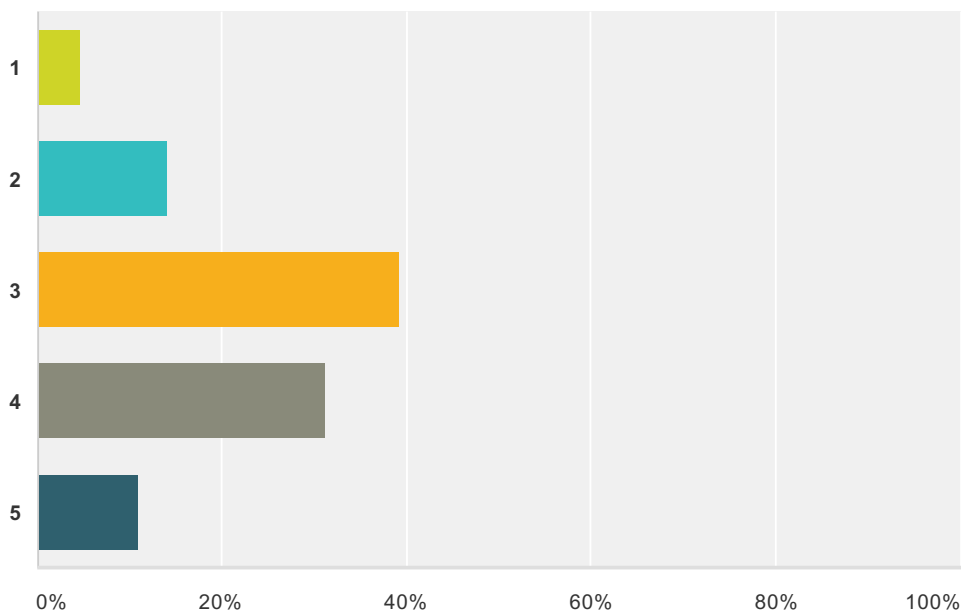
Answered: 1,622 Skipped: 0



Answer Choices	Responses
1	33.11% 537
2	22.69% 368
3	20.41% 331
4	13.69% 222
5	10.11% 164
<b>Total</b>	<b>1,622</b>

**Q32 How would you rate your overall quality of life with RLS/WED currently [scale of 1 (very poor) to 5 (very good)]?**

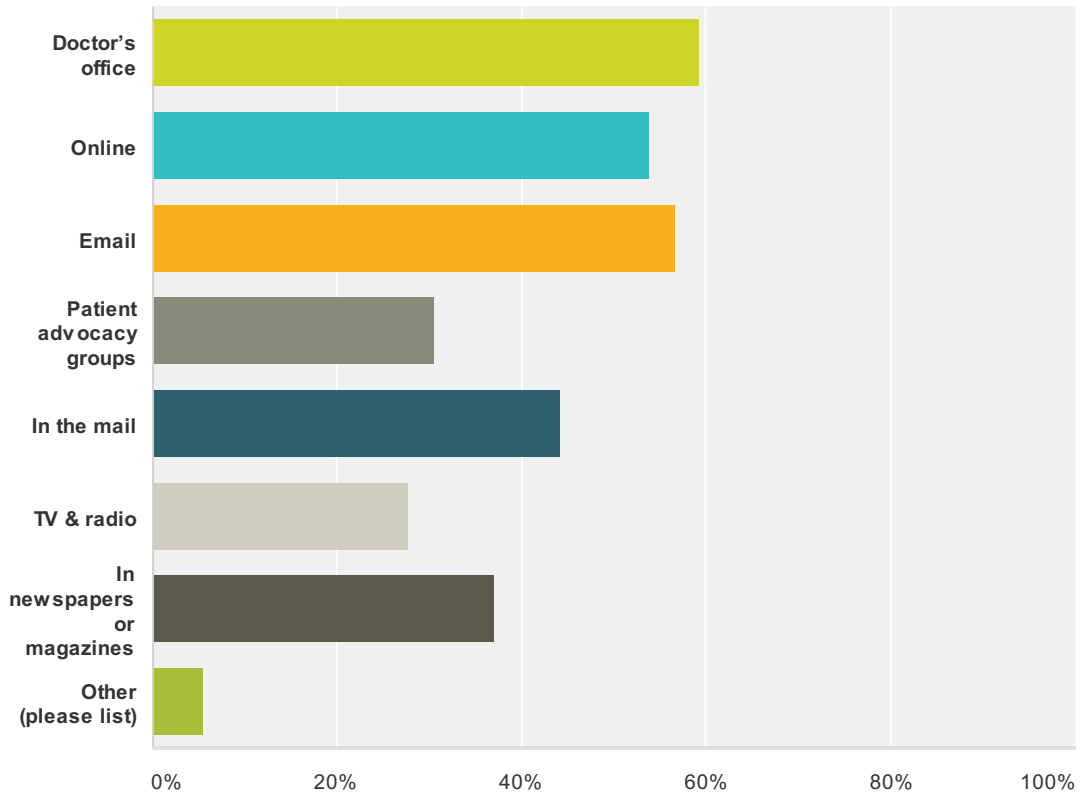
Answered: 1,622 Skipped: 0



Answer Choices	Responses
1	4.69% 76
2	14.18% 230
3	39.15% 635
4	31.07% 504
5	10.91% 177
<b>Total</b>	<b>1,622</b>

**Q33 Where would you most like to receive new information about RLS/WED (select all options that apply)?**

Answered: 1,622 Skipped: 0



Answer Choices	Responses	Count
Doctor's office	59.19%	960
Online	53.88%	874
Email	56.60%	918
Patient advocacy groups	30.46%	494
In the mail	44.20%	717
TV & radio	27.68%	449
In newspapers or magazines	36.93%	599
Other (please list)	5.43%	88
<b>Total Respondents: 1,622</b>		