

TITLE 1: “Ask the Doctor”

TITLE 2:

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AUTHOR/S: Charles Adler, MD, PhD

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- Pharmaceutical treatment

ABSTRACT OVERVIEW: A question for the doctor on stress and medication for other problems and their effect on RLS.

COPY OF ARTICLE:

Ask the Doctor

Q. *Hi. Having not had RLS for a year or so (or not significantly) I have now suffered a resurgence which is playing havoc with work. Two things have changed recently and I'm wondering if either or both are causing this resurgence. Firstly I am taking thermogenic tablets to help me lose weight (ie they increase the speed of the thyroid — tablet name pro citravin).*



Secondly I am under some reasonable stress at work. I figure the stress is probably the main cause but as I have had lots of stress at various times without impact I'm really wondering about the tablets.

Any thoughts?

A. Any medication that you start has the potential to change your RLS. If the medication increases thyroid activity, then yes, it could potentially worsen your RLS. Similarly, stress can worsen RLS as well.

Charles Adler, MD, PhD

Mayo Clinic Scottsdale

Scottsdale, AZ