

**TITLE 1:** "Ask the Doctor"

**TITLE 2:**

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**KEYWORDS:**

- Genetics
- Symptoms

**ABSTRACT OVERVIEW:** A readers discusses the connection between migraines and RLS both of which have a genetic component.

**COPY OF ARTICLE:**

**Q.** *I have had migraine headaches for more than 30 years. About 10 years ago, I developed RLS. Is there a connection between the two disorders and, if so, what might that be?*

**A.** There is no clear-cut relationship between migraine headaches and RLS. Both, however, do have strong hereditary components.

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