

TITLE 1: "Ask the Doctor"

TITLE 2:

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KEYWORDS:

- Medical news/updates

ABSTRACT OVERVIEW: One reader wants to know if there is any connection between weather and RLS symptoms.

COPY OF ARTICLE:

Ask the Doctor

Q. *I sincerely believe that hot weather adversely affects my RLS. I have had great difficulty with it, day and night, with the consistent 90 degree-plus temperatures we have been having. Has any research been done on the effect of hot or cold weather on RLS symptoms?*



A. No published study has observed the effect of weather in RLS patients. Anecdotally, however, a handful of patients do spontaneously offer the complaint that hot weather exacerbates their symptoms.

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