

TITLE 1: “Ask the Doctor”

TITLE 2:

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AUTHOR/S: Dr. William Ondo

KEYWORDS:

- Symptoms

ABSTRACT OVERVIEW: One readers asks whether memory problems are associated with RLS.

COPY OF ARTICLE:

Dr. William Ondo from the Department of Neurology at the Baylor College of Medicine in Houston, Texas, answered all of the ‘Ask the Doctor’ questions in this issue of NightWalkers.

Q. Are memory problems often associated with RLS? Are there any relationships between dopamine-receptor agonists such as Permax and Mirapex and memory problems? If, so, are they dose related?



A. Memory problems can result from sleep deprivation and depression, both of which can be caused by RLS. There is, however no evidence to suggest a direct relationship between RLS and memory problems. Dopamine agonists can cause sedation during the day, which could affect memory. They do not, however, directly cause memory problems.