

TITLE 1: “Ask the Doctor”

TITLE 2:

DATE: November 2000

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KEYWORDS:

- Pharmaceutical treatment

ABSTRACT OVERVIEW: One reader discusses kidney dialysis, Klonopin and dopamine-receptor agonists.

COPY OF ARTICLE:

Dr. William Ondo from the Department of Neurology at the Baylor College of Medicine in Houston, Texas, answered all of the ‘Ask the Doctor’ questions in this issue of NightWalkers.

Q. *I have RLS and am on kidney dialysis. My doctor only wants to prescribe Klonopin for me, but it makes me too sleepy during the day. Can I take a dopamine-receptor agonist? If so, which ones?*



A. We have very little data regarding the treatment of renal failure associated RLS. In my experience dopamine agonists (Mirapex, Permax, Requip) are still the most effective treatment, although the doses that are required tend to be higher than those for genetic RLS. Mirapex must be used with some caution because renal failure can affect the way it is metabolized.