

TITLE 1: “Ask the Doctors”

TITLE 2:

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KEYWORDS:

- Symptoms

ABSTRACT OVERVIEW: A reader asks about the connection between RLS and dizzy spells.

COPY OF ARTICLE:

Q. *I suffer from RLS and dizziness. A relative has both conditions. Any relationship?*

A. RLS and dizziness are both common disorders. There have been no reports in medical journals to suggest that they are linked together. It is more likely that you and your relative happen to have two conditions that occur commonly as people grow older or that you have a medical condition that predisposes both of you to have both problems. It is also important to remember that some medications that are used to treat RLS may lower blood pressure. The dopaminergic medications like Sinemet (carbidopa/levodopa), Permax (pergolide), Parlodel (bromocriptine), and newer agents such as Mirapex (pramipexole) and ReQuip (ropinirole) can create problems of dizziness when the person arises from a lying or reclining position. If a person is taking medications to treat high blood pressure or a heart condition, then he or she would be more likely to experience dizziness. Always bring the problem to the attention of your doctor. Also, be cautious to rise slowly, waiting a few seconds before walking to ensure that the dizziness has passed.



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